

12-31-1998



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MRD
12/30/98

RECORDATION FORM COVER SHEET
TRADEMARKS ONLY

TO: The Commissioner of Patents and Trademarks: Please record the attached original document(s) or copy(ies).

Submission Type

- New
- Resubmission (Non-Recordation)
Document ID #
- Correction of PTO Error
Reel # Frame #
- Corrective Document
Reel # Frame #

Conveyance Type

- Assignment License
- Security Agreement Nunc Pro Tunc Assignment
- Merger Change of Name
- Other

Effective Date
Month Day Year

Conveying Party

Mark if additional names of conveying parties attached

Execution Date
Month Day Year

Name

12/31/98

Formerly

RECEIVED
DEC 30 AM 9:30
SIGNMENT BRANCH

- Individual General Partnership Limited Partnership Corporation Association
- Other
- Citizenship/State of Incorporation/Organization

Receiving Party

Mark if additional names of receiving parties attached

Name

DBA/AKA/TA

Composed of

Address (line 1)

Address (line 2)

Address (line 3)

- Individual General Partnership Limited Partnership If document to be recorded is an assignment and the receiving party is not domiciled in the United States, an appointment of a domestic representative should be attached. (Designation must be a separate document from Assignment.)
- Corporation Association
- Other
- Citizenship/State of Incorporation/Organization

12/30/1998 DNGUYEN 00000284 2020688

FOR OFFICE USE ONLY

01 FC:481
02 FC:482

40.00 DP
250.00 DP

Public burden reporting for this collection of information is estimated to average approximately 30 minutes per Cover Sheet to be recorded, including time for reviewing the document and gathering the data needed to complete the Cover Sheet. Send comments regarding this burden estimate to the U.S. Patent and Trademark Office, Chief Information Officer, Washington, D.C. 20231 and to the Office of Information and Regulatory Affairs, Office of Management and Budget, Paperwork Reduction Project (0651-0027), Washington, D.C. 20503. See OMB Information Collection Budget Package 0651-0027, Patent and Trademark Assignment Practice. DO NOT SEND REQUESTS TO RECORD ASSIGNMENT DOCUMENTS TO THIS ADDRESS.

Mail documents to be recorded with required cover sheet(s) information to:
Commissioner of Patents and Trademarks, Box Assignments, Washington, D.C. 20231

TRADEMARK
REEL: 1833 FRAME: 0475

Domestic Representative Name and Address

Enter for the first Receiving Party only.

Name

Address (line 1)

Address (line 2)

Address (line 3)

Address (line 4)

Correspondent Name and Address

Area Code and Telephone Number

Name

Address (line 1)

Address (line 2)

Address (line 3)

Address (line 4)

Pages

Enter the total number of pages of the attached conveyance document including any attachments.

#

Trademark Application Number(s) or Registration Number(s)

Mark if additional numbers attached

Enter either the Trademark Application Number or the Registration Number (DO NOT ENTER BOTH numbers for the same property).

Trademark Application Number(s)			Registration Number(s)		
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text" value="2,020,688"/>	<input type="text" value="1,935,035"/>	<input type="text" value="1,841,833"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text" value="2,003,091"/>	<input type="text" value="1,922,917"/>	<input type="text" value="1,770,040"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text" value="2,026,103"/>	<input type="text" value="1,921,911"/>	<input type="text" value="1,404,872"/>

Number of Properties

Enter the total number of properties involved.

#

Fee Amount

Fee Amount for Properties Listed (37 CFR 3.41):

\$

Method of Payment:

Enclosed

Deposit Account

Deposit Account

(Enter for payment by deposit account or if additional fees can be charged to the account.)

Deposit Account Number:

#

Authorization to charge additional fees:

Yes

No

Statement and Signature

To the best of my knowledge and belief, the foregoing information is true and correct and any attached copy is a true copy of the original document. Charges to deposit account are authorized, as indicated herein.

DEBRA M FEINS

Name of Person Signing

Debra M. Feins

Signature

12/29/98

Date Signed

**RECORDATION FORM COVER SHEET
CONTINUATION
TRADEMARKS ONLY**

FORM PTO-1618C
Expires 08/30/99
OMB 0851-0027

U.S. Department of Commerce
Patent and Trademark Office
TRADEMARK

Conveying Party

Enter Additional Conveying Party

Mark if additional names of conveying parties attached

Execution Date
Month Day Year

Name

Formerly

Individual General Partnership Limited Partnership Corporation Association

Other

Citizenship State of Incorporation/Organization

Receiving Party

Enter Additional Receiving Party

Mark if additional names of receiving parties attached

Name

DBA/AK/TA

Composed of

Address (line 1)

Address (line 2)

Address (line 3)
City State/Country Zip Code

Individual General Partnership Limited Partnership

Corporation Association

Other

Citizenship/State of Incorporation/Organization

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Trademark Application Number(s)

Registration Number(s)

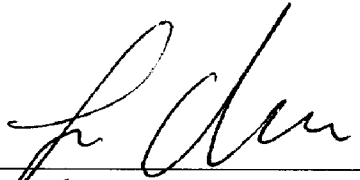
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RELEASE OF SECURITY INTEREST IN TRADEMARKS

FOR VALUE RECEIVED, LOU ANTOSH, of 18 Emerson Drive, Cinnaminson, New Jersey ("Antosh"), hereby reassigns, without recourse, representation or warranty, express or implied, to AMERICAN HEALTH COMMUNICATIONS, INC., a New Jersey corporation ("American Health"), and releases its security interest in the trademarks listed on **Exhibit A** annexed hereto, together with the goodwill of the business symbolized by such trademarks, and related property rights granted to Antosh by American Health pursuant to a security agreement signed on January 16, 1998 and recorded with the United States Patent and Trademark Office on February 5, 1998 at **Reel 1730 Frame 0585**.


This assignment, reassignment and release also includes all trademark renewals and extensions, all proceeds of infringement suits, the sole right to sue for past, present, future and threatened infringements of and all rights corresponding thereto throughout the world, and any royalties, licenses, fees, proceeds, improvements and subsequent trademarks obtained in connection with the foregoing trademarks.



Lou Antosh

STATE OF NEW JERSEY
COUNTY OF Burlington, SS.

On the 21st day of December, 1998, before me personally appeared the above named LOU ANTOSH, to me known and known by me to be the party executing the foregoing instrument, and he acknowledged said instrument so executed to be his free act and deed.



Notary Public

My commission expires: 1/6/99

CAROLYN BEDWELL
Notary Public of New Jersey
My Commission Expires 1-6-1999

EXHIBIT A

AMERICAN HEALTH COMMUNICATIONS, INC., a New Jersey corporation,
Registered Trademarks:

TRADEMARK	REGISTRATION NUMBER
For Your Well Being (words only)	2,020,688
Florida Health Care Times (words only)	2,003,091
Healthy Now (words only)	2,026,103
Benefits Management (words only)	1,935,035
Starting Out Healthy (words only)	1,922,917
Health Alert (words only)	1,921,911
Best of Health (words only)	1,841,833
Health & You (words only)	1,770,040
Health & You (words and design)	1,404,872
Healthfactor (stylized letters)	1,772,971
Medicare & You (words only)	1,703,185