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05-16-2000

FORM PTO-1618A  
Expires 06/30/99  
OMB 0651-0027



U.S. Department of Commerce  
Patent and Trademark Office  
TRADEMARK

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### RECORDATION FORM COVER SHEET TRADEMARKS ONLY

TO: The Commissioner of Patents and Trademarks: Please record the attached original document(s) or copy(ies).

#### Submission Type

- New
- Resubmission (Non-Recordation)  
Document ID # \_\_\_\_\_
- Correction of PTO Error  
Reel # \_\_\_\_\_ Frame # \_\_\_\_\_
- Corrective Document  
Reel # \_\_\_\_\_ Frame # \_\_\_\_\_

#### Conveyance Type

- Assignment  License
- Security Agreement  Nunc Pro Tunc Assignment
- Merger  Change of Name  
Effective Date  
Month Day Year \_\_\_\_\_
- Other \_\_\_\_\_

#### Conveying Party

Mark if additional names of conveying parties attached

Name Health Thru Nutrition, Inc.

Execution Date  
Month Day Year  
03 27 00

Formerly \_\_\_\_\_

- Individual  General Partnership  Limited Partnership  Corporation  Association
- Other \_\_\_\_\_
- Citizenship/State of Incorporation/Organization \_\_\_\_\_

#### Receiving Party

Mark if additional names of receiving parties attached

Name The Health Network, Inc.

DBA/AKA/TA \_\_\_\_\_

Composed of \_\_\_\_\_

Address (line 1) 150 Research Drive

Address (line 2) \_\_\_\_\_

Address (line 3) Hampton Virginia 23666  
City State/Country Zip Code

- Individual  General Partnership  Limited Partnership  If document to be recorded is an assignment and the receiving party is not domiciled in the United States, an appointment of a domestic representative should be attached. (Designation must be a separate document from Assignment.)
- Corporation  Association
- Other \_\_\_\_\_
- Citizenship/State of Incorporation/Organization \_\_\_\_\_

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#### FOR OFFICE USE ONLY

Public burden reporting for this collection of information is estimated to average approximately 30 minutes per Cover Sheet to be recorded, including time for reviewing the document and gathering the data needed to complete the Cover Sheet. Send comments regarding this burden estimate to the U.S. Patent and Trademark Office, Chief Information Officer, Washington, D.C. 20231 and to the Office of Information and Regulatory Affairs, Office of Management and Budget, Paperwork Reduction Project (0651-0027), Washington, D.C. 20503. See OMB Information Collection Budget Package 0651-0027, Patent and Trademark Assignment Practice. DO NOT SEND REQUESTS TO RECORD ASSIGNMENT DOCUMENTS TO THIS ADDRESS.

Mail documents to be recorded with required cover sheet(s) information to:  
Commissioner of Patents and Trademarks, Box Assignments, Washington, D.C. 20231

TRADEMARK  
REEL: 002073 FRAME: 0590

**Domestic Representative Name and Address**

Enter for the first Receiving Party only.

Name

Address (line 1)

Address (line 2)

Address (line 3)

Address (line 4)

**Correspondent Name and Address**

Area Code and Telephone Number

Name

Address (line 1)

Address (line 2)

Address (line 3)

Address (line 4)

Pages Enter the total number of pages of the attached conveyance document including any attachments. #

**Trademark Application Number(s) or Registration Number(s)**

Mark if additional numbers attached

Enter either the Trademark Application Number or the Registration Number (DO NOT ENTER BOTH numbers for the same property).

**Trademark Application Number(s)**

**Registration Number(s)**

Number of Properties Enter the total number of properties involved. #

Fee Amount Fee Amount for Properties Listed (37 CFR 3.41): \$

Method of Payment: Enclosed  Deposit Account

Deposit Account (Enter for payment by deposit account or if additional fees can be charged to the account.)

Deposit Account Number: #

Authorization to charge additional fees: Yes  No

**Statement and Signature**

To the best of my knowledge and belief, the foregoing information is true and correct and any attached copy is a true copy of the original document. Charges to deposit account are authorized, as indicated herein.

Carl M Davis II

5 April 2000

Name of Person Signing

Signature

Date Signed

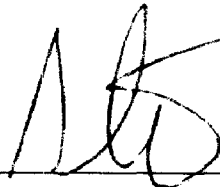
**ASSIGNMENT**

WHEREAS, Health Through Nutrition, Inc., 150 Research Drive, Hampton, VA 23666 ("Assignor") adopted and used the mark NATURE'S FLORA and design, and is the owner of U.S. Trademark Application Serial No. 75/612,446 therefor; and

WHEREAS, The Health Network, Inc., 150 Research Drive, Hampton, VA 23666, a corporation of the State of Virginia ("Assignee"), desires to acquire said trademark and trademark application, together with the goodwill symbolized thereby, and the ongoing and existing business connected with the mark NATURE'S FLORA and design;

NOW, THEREFORE, for good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, Assignee does hereby assign unto Assignor, all right, title and interest in said trademark and said trademark application, together with the goodwill of the business symbolized by said mark.

Health Through Nutrition, Inc.



By: Arthur L. Franklin III

3-27-00

Date

Docket No. 6H05 3-090

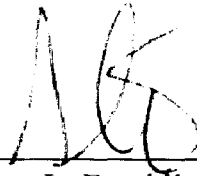
**ASSIGNMENT**

WHEREAS, Health Through Nutrition, Inc., 150 Research Drive, Hampton, VA 23666 ("Assignor") adopted and used the mark G.I. DEFENSE, and is the owner of U.S. Trademark Application Serial No. 75/612,445 therefor; and

WHEREAS, The Health Network, Inc., 150 Research Drive, Hampton, VA 23666, a corporation of the State of Virginia ("Assignee"), desires to acquire said trademark and trademark application, together with the goodwill symbolized thereby, and the ongoing and existing business connected with the mark G.I. DEFENSE:

NOW, THEREFORE, for good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, Assignee does hereby assign unto Assignor, all right, title and interest in said trademark and said trademark application, together with the goodwill of the business symbolized by said mark.

Health Through Nutrition, Inc.



By: Arthur L. Franklin III

3-27-00

Date

Docket No. 6H05 3-100

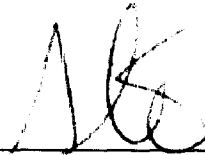
**ASSIGNMENT**

WHEREAS, Health Through Nutrition, Inc., 150 Research Drive, Hampton, VA 23666 ("Assignor") adopted and used the mark CENTURION HGH and design, and is the owner of U.S. Trademark Application Serial No. 75/620,691 therefor; and

WHEREAS, The Health Network, Inc., 150 Research Drive, Hampton, VA 23666, a corporation of the State of Virginia ("Assignee"), desires to acquire said trademark and trademark application, together with the goodwill symbolized thereby, and the ongoing and existing business connected with the mark CENTURION HGH and design;

NOW, THEREFORE, for good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, Assignee does hereby assign unto Assignor, all right, title and interest in said trademark and said trademark application, together with the goodwill of the business symbolized by said mark.

Health Through Nutrition, Inc.



By: Arthur L. Franklin III

3 27-00

Date

Docket No. 6H05 3-110

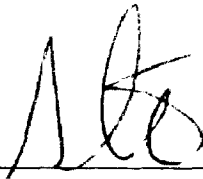
**ASSIGNMENT**

WHEREAS. Health Through Nutrition, Inc., 150 Research Drive, Hampton, VA 23666 ("Assignor") adopted and used the mark YOUR PATHWAY TO LIVE A CENTURY, and is the owner of U.S. Trademark Application Serial No. 75/626,077 therefor; and

WHEREAS. The Health Network, Inc., 150 Research Drive, Hampton, VA 23666, a corporation of the State of Virginia ("Assignee"). desires to acquire said trademark and trademark application, together with the goodwill symbolized thereby, and the ongoing and existing business connected with the mark YOUR PATHWAY TO LIVE A CENTURY;

NOW, THEREFORE, for good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged. Assignee does hereby assign unto Assignor, all right, title and interest in said trademark and said trademark application, together with the goodwill of the business symbolized by said mark.

Health Through Nutrition, Inc.



By: Arthur L. Franklin III

3-27-00

Date

Docket No. 6H05 3-120