

09-07-2001



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Form PTO-1594 (Rev. 03/01) OMB No. 0651-0027 (exp. 5/31/2002) Tab settings

U.S. DEPARTMENT OF COMMERCE U.S. Patent and Trademark Office

To the Honorable Commissioner of Patents and Trademarks: Please record the attached original documents or copy thereof.

1. Name of conveying party(ies):

Neal Spruce

8-8171

- Individual(s) [checked] Association [] General Partnership [] Limited Partnership [] Corporation-State [] Other []

Additional name(s) of conveying party(ies) attached? [] Yes [checked] No

3. Nature of conveyance:

- Assignment [checked] Merger [] Security Agreement [] Change of Name [] Other []

Execution Date: 9/27/00

2. Name and address of receiving party(ies)

Name: 24 Hour Fitness Acquisition Corp.

Internal

Address:

Street Address: 5020 Franklin Drive

City: Pleasanton State: CA Zip: 94588

- Individual(s) citizenship [] Association [] General Partnership [] Limited Partnership [] Corporation-State: California [checked] Other []

If assignee is not domiciled in the United States, a domestic representative designation is attached: [] Yes [checked] No (Designations must be a separate document from assignment) Additional name(s) & address(es) attached? [] Yes [checked] No

4. Application number(s) or registration number(s):

A. Trademark Application No.(s)

76/091,507

B. Trademark Registration No.(s)

Additional number(s) attached [] Yes [checked] No

5. Name and address of party to whom correspondence concerning document should be mailed:

Name: Jennifer S. Fryhling, Esq.

Internal Address:

c/o Manatt, Phelps & Phillips, LLP

Street Address: 1001 Page Mill Road

Building 2

City: Palo Alto State: CA Zip: 94304

6. Total number of applications and registrations involved:

1

7. Total fee (37 CFR 3.41) \$ 40.00

- Enclosed [] Authorized to be charged to deposit account [checked]

8. Deposit account number:

50-1847

(Attach duplicate copy of this page if paying by deposit account)

DO NOT USE THIS SPACE

9. Statement and signature.

To the best of my knowledge and belief, the foregoing information is true and correct and any attached copy is a true copy of the original document.

Jennifer S. Fryhling, Esq.

Name of Person Signing

Signature

August 31, 2001

Date

3

Total number of pages including cover sheet, attachments, and document:

Mail documents to be recorded with required cover sheet information to: Commissioner of Patent & Trademarks, Box Assignments Washington, D.C. 20231

ASSIGNMENT OF TRADEMARK

THIS ASSIGNMENT is made effective as of October 1, 2000, by and between NEAL SPRUCE (the "Assignor") and 24 HOUR FITNESS ACQUISITION CORP., a California corporation (the "Assignee").

WHEREAS, the Assignor has adopted and used the trademark listed below and has made application to register the mark with the United States Patent and Trademark Office (the "Trademark"); and

WHEREAS, the Assignee wishes to acquire all of Assignor's rights in and to the Trademark and the good will associated therewith.

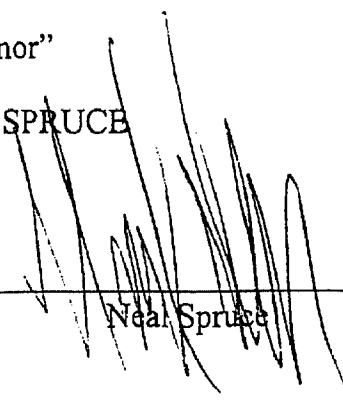
NOW THEREFORE, for good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, the Assignor hereby assigns, transfers and conveys to the Assignee all rights, title and interests in and to the Trademark and the registration thereof together with the good will of the business which is symbolized by the Trademark and with the right to recover for damages and profits and all other remedies for past infringements thereof.

Trademark	Application Serial Number	Filing Date
ERGOGEN LABS	76/091507	July 19, 2000

IN WITNESS WHEREOF, the parties have executed this Assignment as of the date first given above:

"Assignor"

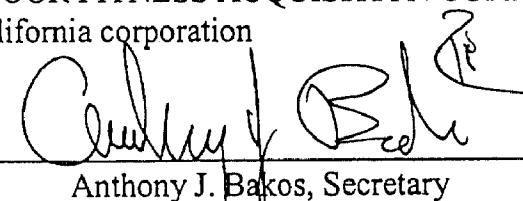
NEAL SPRUCE

By: 

Neal Spruce

"Assignee"

24 HOUR FITNESS ACQUISITION CORP.,
a California corporation

By: 

Anthony J. Bakos, Secretary

[ACKNOWLEDGMENT ON NEXT PAGE]

ACKNOWLEDGMENT

STATE OF CALIFORNIA)
County of Alameda) ss.

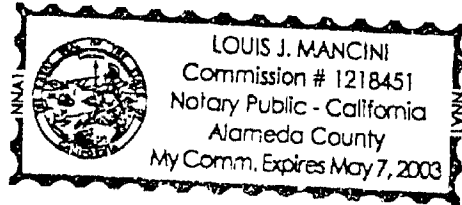
On 9-27-00 before me, Louis J. Mancini, a Notary Public in and for said State, personally appeared NEAL SPRUCE personally known to me (or proved to me on the basis of satisfactory evidence) to be the person whose name is sub-scribed to the within instrument and acknowledged to me that she executed the same in her authorized capacity, and that by her signature on the instrument she, or the entity upon behalf of which she acted, executed the instrument.

761091507 - assignment of Trade mark

Witness my hand and Official Seal.

(Seal)

Louis J. Mancini
Notary Signature



STATE OF CALIFORNIA)
County of Alameda) ss.

On 9-27-00 before me, Louis J. Mancini, a Notary Public in and for said State, personally appeared ANTHONY J. BAKSIS personally known to me (or proved to me on the basis of satisfactory evidence) to be the person whose name is sub-scribed to the within instrument and acknowledged to me that she executed the same in her authorized capacity, and that by her signature on the instrument she, or the entity upon behalf of which she acted, executed the instrument.

761091507 - assignment of Trade mark

Witness my hand and Official Seal.

(Seal)

Louis J. Mancini
Notary Signature

