	RM COVER SHEET RKS ONLY U.S. DEPARTMENT OF COMMERCE U.S. Patent and Trademark Office
	Please record the attached original documents or copy thereof.
1. Name of conveying party(ies); General Nutrition Investment Company Individual(s) Association General Partnership Limited Partnership Corporation-State of Arizona Other Additional name(s) of conveying party(ies) attached? Yes No 3. Nature of conveyance: Assignment Merger Security Agreement Change of Name Other	2. Name and address of receiving party(ies) Name: GN Investment Oldco Company Internal Address: Street Address: 300 Sixth Street City: Pittsburgh State: PA Zip: 15222 Individual(s) citizenship Association General Partnership Limited Partnership Limited Partnership Corporation-State of Arizona Other If assigned is not domiciled in the United States, a domestic representative designation is attached: Yes V No
Execution Date: October 28, 2003 4. Application number(s) or registration number(s): A. Trademark Application No.(s) 76/472,103 76/542,672	(Designations must be a separate document from assignment) Additional name(s) & address(ee) attached? Yes No B. Trademark Registration No.(s) 2,122,939 2,103,800
Additional number(s) att	
5. Name and address of party to whom correspondence concerning document should be mailed: Name: Holly Miller	6. Total number of applications and registrations involved:
Internal Address:	7. Total fee (37 CFR 3.41)\$ 3590.00 Enclosed Authorized to be charged to deposit account
Street Address: 222 North LaSalle St 24th Floor	8. Deposit account number:
City: Chicago State: L Zip:60601	
DO NOT USE	THIS SPACE
9. Signature. Angelo J. Bul'alino Name of Person Signing Total number of pages including cover	November 24, 2003 Plature Date

Mail documents to be recorded with required cover sheet information to: Commissioner of Patent & Trademarks, Box Assignments Washington, D.C. 20231

CONTINUATION OF RECORDATION FORM COVER SHEET - Item 4

Additional Trademark Application Numbers:

Reg. No./	Trademark	
Appln. No.		
76/186,155	Delinea	
76/541,148	Fast Flex	
75/704,399	GNC LIVE WELL	
76/541,300	Heart Advance	
76/472,102	Nitro-Blast	
75/520,245	Pro Performance Laboratories	•
76/454,582	Solo Day	
75/506,721	Value Nutrition	
76/541,149	Vascularbetics	

Additional Trademark Registration Numbers:

Reg. No./	Trademark
Appln. No.	
2,122,266	Antioxidant Advantage
2,513,023	Arginine Uptake
2,133,282	Athletic Advantage
2,409,564	Basic Nutrition
1,124,835	Big 100
2,148,334	Bio Multiple
2,034,414	Bio-Remedy
2,136,226	Body Rover
2,701,306	Brain Teaser
2,376,043	Calcibite
2,550,313	Calcimate
1,432,670	Calcium Complete
2,150,578	Calcium Plus
2,358,638	Carcinex
2,358,639	Cardiomega
2,705,359	Carribean Blast
2,221,005	Carticin
2,090,712	Cell Protector
2,285,119	Challenge
2,698,613	Cherry Baby
2,279,375	Chloragel
2,288,892	Chloraseal
2,287,845	Circuform
2,179,655	Clear Advantage
<u>2,5</u> 23,375	Cognita
2,602,667	CreaDrive
2,166,615	Creatine Plus
2,304,063	Creatine Plus Transport
2,586,514	Distance
2,217,933	Effect
2,162,743	Egg White Supreme

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2,208,204	Energel				
2,297,987	Energum				
2,116,924	Energy Complete				
2,366,981	Enertherm				
2,336,792	Eyegold				
2,301,885	Fast Cal 500				
2,297,938	Fema B-Complex				
2,111,298	Food for Thought				
2,402,540	Ginsa Gold				
2,127,863	Ginsagel				
2,180,647	GNC				
2,117,280	GNC Gold Card Design				
2,187,956	GNC Live Well				
2,187,955	GNC Live Well				
2,192,423	GNC Live Well				
1,786,007	GNC-General Nutrition Centers				
2,092,084	GNC-General Nutrition Centers-Live Well				
2,269,803	Goldminds				
2,705,358	Hear Me Roar				
2,004,480	Herbal Plus				
2,297,986	Herbal Rush				
2,124,430	Hydrastagel				
2,705,360	Immunator				
2,437,459	Ipribone				
2,181,487	Ironche!				
2,712,051	Island Berries				
2,705,357	Joint Effect				
2,127,864	Kavagel				
2,358,697	Lacticlear				
2,203,328	Lecithin Plus				
2,681,836	Lover's Lane				
2,404,827	Maca Man				
2,705,356	Maca Rocket				
2,254,445	MediTea				
2,163,971	Mega Men				
2,352,700	Mega Teen				
2,336,770	Memorail				
2,505,475	Motile Man				
2,015,803	Multi Ginseng				
2,153,736	Multi-Mega Minerals				
2,373,752	Multibite				
2,341,918	Natural Solutions				
2,184,394	Nature's Fingerprint				
2,356,282	Neurocite				
					
1,264,669	Nourishair				
2,184,573	Nutrigest				
2,414,514	Omegasorb				
2,360,394	Optidrene Control Files 4				
2,166,419	Orchard Blends				
2,202,278	Osteosure				
2,347,663	Para Essentials				

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2,371,703	ParaSolve							
2,214,615	Parthenogel Peanut Butter Surprise							
<u>2,6</u> 81,837	Peanut Butter Surprise							
2,088,384	Phosphamass							
2,095,653	Phytonutramin							
2,370,151	Platinum Years							
2,712,052	Popular Vote							
1,815,531	Preventive Nutrition							
1,836,536	Preventive Nutrition (Design)							
756,715	Preventron							
2,318,352	Prima-C							
2,303,868	Pro Chrome							
1,562,974	Pro Performance							
2,127,798	Pro Stuff							
2,129,464	PRO-RX							
2,336,771	Prosta-Cern							
2,350,859	Pyrudyl							
2,202,178	Ratio							
2,171,770	Scentmaster							
2,415,023	Smart Herbs							
1,115,935	Solotron							
2,319,863	Solutine							
2,299,029	Soy Complete							
2,086,493	Soy Solution							
2,175,752	Special Forces							
2,217,361	Sports Kids							
2,411,213	Suprazina							
2,166,560	System LF							
2,388,411	TeenCal							
2,386,506	Thyrobolic							
2,313,801	TMG Complete							
2,168,582	Training Phases							
2,363,003	Trans-Neuro							
2,312,564	Tribuliver							
2,102,125	Ultimate Garlic							
2,153,738	Ultra Chromium Picolinate							
2,090,037	Ultra Colon System							
2,208,203	Ultra E							
1,131,604	Ultra Mega							
2,343,577	Ultra Saw Palmetto Formula							
2,325,950	Ultra Zinc Lozenge							
2,124,429	Valeragel							
2,414,082	Vena-Clear Plus							
2,376,054	VenaClear							
2,478,855	Vita Rush							
2,233,013	Vital Edge							
2,230,515	Womansport							
2,173,983	X-Phedra							

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GN Investment Oldco Company

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DATE 1/08.03

GN Investment Oldco Company

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ARTICLES OF AMENDMENT

OF

		General Nutrition Investment Company
		[Name of Corporation]
1.	The nan	ne of the corporation is General Nutrition Investment Company
2.	Attache	d hereto as Exhibit A is the text of each amendment adopted.
3.		The amendment does not provide for an exchange, reclassification or cancellation of issued shares.
	_ ·	Exhibit A contains provisions for implementing the exchange, reclassification or cancellation of issued shares provided for therein.
	□	The amendment provides for exchange, reclassification or cancellation of issued shares. Such actions will be implemented as follows:
4, 5.	The arms	The amendment was adopted by the incorporators inboard of directors without shareholder action and shareholder action was not required.
mee.	rately on	The amendment was approved by the shareholders. There is (are) voting le to vote on the amendment. The designation of voting groups entitled to vote the amendment, the number of votes in each, the number of votes represented at the ich the amendment was adopted and the votes cast for and against the amendment were
The s	OMMON Ommon	The voting group consisting of
	§10-140 n be change	equires that changes to corporation(s) be executed by an officer of the corporation, whose file
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The	voting	group	consisting	of			outstar	iding	shares	o
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	V	otes pres	ent at the meet	ing. The	voting gro	oup cast		•	votes for	an.
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					James	Sander,	Vice P	resid	ent	
						namel		titlel		

General Nutrition Investment Company

EXHIBIT A

orporation is -

GN .Investment Oldco Company

STATE OF ARIZONA CORPORATION COMMISSION

Executive Beeretury

1/-18-03 5y: Valfat

RECORDED: 11/24/2003