

EXHIBIT A

TRADEMARK ASSIGNMENT

This Assignment is made by Vermont Pure Holdings, Ltd. ("Assignor"), a Delaware corporation, with offices at 70 West Red Oak Lane, White Plains, New York 10604-3602, and to Gilmar S.p.A. ("Assignee"), an Italian limited liability company, with offices at via Malpasso 723/725 , 47842 San Giovanni in Marignano, Rimini, Italy.

WHEREAS, Assignor has adapted, used and registered the mark (the "Mark") listed below:


<u>Mark</u>	<u>Registration No.</u>	<u>Registration Date</u>
ICEBERG SPRINGS WATER	1,692,202	June 9, 1992

NOW, THEREFORE, for good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, ASSIGNOR does hereby assign, transfer and convey to ASSIGNEE all of its right, title and interest in and to the Mark, including the registration listed above and renewals thereof, together with the goodwill of the business associated with the use of and symbolized by the Mark, and the right to sue and recover for past infringement of the Mark.

VERMONT PURE HOLDINGS, LTD.

Date: _____

May 30, 2003

By: 
Name: Timothy G. Fallon
Title: Chief Executive Officer