08-06-2003



Form **PTO-1594**

1.17.03

U.S. DEPARTMENT OF COMMERCE

	Please record the attached original documents or copy thereof.
Name of conveying party(ies): GIVE AND GO HOLDINGS INC.	Name and address of receiving party(ies) Name:GIVE AND GO PREPARED FOODS CORF Internal
Individual(s) General Partnership Corporation-State Other Canadian corporation Association Limited Partnership	Address: Street Address: 6650 Finch Avenue West City: Etobicoke Ontario Canada State: Zip: M9W 6C2
Additional name(s) of conveying party(ies) attached? Yes No 3. Nature of conveyance: Assignment Merger Security Agreement Change of Name Other	Association General Partnership Limited Partnership Corporation-State Other Canadian corporation If assignee is not domiciled in the United States, a domestic representative designation is attached: Yes No
4. Application number(s) or registration number(s): A. Trademark Application No.(s) 76/306,150:	(Designations must be a separate document from assignment) Additional name(s) & address(es) attached? Yes No B. Trademark Registration No.(s)
76/306,151; 76/306,152; 76/306,153 Additional number(s) att 5. Name and address of party to whom correspondence concerning document should be mailed: Name: Eric W. Gallender	ached Yes No 6. Total number of applications and registrations involved: 7. Total fee (37 CFR 3.41)
Internal Address: BRINKS HOFER GILSON & LIONE	Enclosed Authorized to be charged to deposit account
Street Address: P.O. Box 10395	8. Deposit account number: 23-1925
City: Chicago State: IL Zip: 60610	THIS SDACE
9. Signature.	THIS SPACE

07-17-2003

REEL: 002795 FRAME: 0384

ASSIGNMENT

WHEREAS, GIVE AND GO HOLDINGS INC. ("Assignor") is desirous of selling, assigning and transferring to GIVE AND GO PREPARED FOODS CORP., the full post office address of whose principal office or place of business is 6650 Finch Avenue West, Etobicoke, Ontario, Canada M9W 5Y6, ("Assignee"), all of its right, title and interest in and to the trademark applications and registration listed in the attached Schedule "A" ("Trademark Applications/Registration"), and made a part hereof, the trademarks described herein (the "Marks") and that portion of the business that pertains to the Marks;

WHEREAS, Assignee is desirous of acquiring all of Assignor's right, title and interest in and to the Trademark Applications/Registration, the Marks and that portion of the business that pertains to the Marks;

NOW, THEREFORE, for good and valuable consideration, the sufficiency of which is hereby acknowledged, it is hereby agreed as follows:

- 1. Assignor does hereby sell, assign, transfer, convey and set over to Assignee, its successors and assigns, all of its right, title and interest in and to the Trademark Applications/Registration, the Marks and that portion of the business that pertains to the Marks, together with the good will of the business symbolized by the Marks, including, but not limited to, the right to petition, sue or otherwise seek and recover damages, profits or any other remedy (monetary, injunctive, declaratory or other), for any past, present or future infringement, dilution, conversion or misappropriation of, or other injury, offense, violation, breach of duty or wrong relating to the Marks, or any license, agreement, contract or other matter relating thereto.
- 2. Assignor agrees that it will execute and deliver, or cause to be executed and delivered, to Assignee or Assignee's legal representatives, any other or additional assignments, powers or other appropriate documentation, and take all additional actions, necessary to effectuate, validate and record the assignment of the Trademark Applications/Registration to Assignee with the appropriate agencies and offices of all jurisdictions in which the Marks are or may be registered or in which applications for registration of the Marks are pending, including, but not limited to the United States Patent and Trademark Office, under the relevant laws of the United States or any other jurisdictions, within a reasonable time of execution hereof. Assignor also agrees to execute such additional documents as Assignee deems reasonably necessary to establish Assignee's rights in the Marks, including, but not limited to, such documents to establish the dates of first use for the Marks covered by the Trademark Applications/Registration, anywhere and in commerce, by Assignee through Assignor.

Executed at Toronto, Ontano, this day of May, 2003.

GIVE AND GO HOLDING INC.

Name: DAN DEUT

TRADEMARK

SCHEDULE "A"

Trade Mark	Application No.
JUST HONEST TO GOODNESS, GOODNESS TWO-BITE TWO-BITE BROWNIES TWO-BITE BROWNIES, JUST HONEST TO GOODNESS, GOODNESS	76/306,153 76/306,150 76/306,152 76/306,151
Trade Mark	Registration No.
CINNAMON CRUNCHIES	2131791

TRADEMARK REEL: 002795 FRAME: 0386

SCHEDULE "A"

Trade Mark	Application No.
JUST HONEST TO GOODNESS, GOODNESS	76/306,153
TWO-BITE TWO-BITE BROWNIES	76/306,150 76/306,152
TWO-BITE BROWNIES, JUST HONEST TO GOODNESS, GOODNESS	76/306,151
Trade Mark	Registration No.
CINNAMON CRUNCHIES	2,131,791

RECORDED: 07/17/2003

TRADEMARK REEL: 002795 FRAME: 0387