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Form PTO-1594 R (Rev. 03/01) OMB No. 0651-0027 (exp. 5/31/2002)	U.S. DEPARTMENT OF COMMERCE U.S. Patent and Trademark Office
(, , ,	33656
To the Honorable Commissioner of Patents and Trademarks:	Please record the attached original documents or copy thereof.
Name of conveying party(ies):	2. Name and address of receiving party(ies) Name: Amerifit, Inc.
Health & Nutrition Systems International, Inc. Individual(s) General Partnership Limited Partnership	Internal Address:166 Highland Park Rives
X Corporation-State Other	Individual(s) citizenship
Additional name(s) of conveying party(ies) attached? Yes X No 3. Nature of conveyance:	General Partnership
X Assignment	Limited Partnership X Corporation-State Delaware Other
OtherExecution Date:August 15, 2003	If assignee is not domiciled in the United States, a domestic representative designation is attached: Yes No (Designations must be a separate document from assignment) Additional name(s) & address(es) attached? Yes No
4. Application number(s) or registration number(s): A. Trademark Application No.(s)	B. Trademark Registration No.(s) 1,266,820;
Additional number(s) at	tached Yes X No
5. Name and address of party to whom correspondence concerning document should be mailed: Name: Dawn Harrington	6. Total number of applications and registrations involved:
Internal Address:	7. Total fee (37 CFR 3.41)\$65.00
	Enclosed X Authorized to be charged to deposit account
Street Address: Greenberg Traurig, LLP	8. Deposit account number:
200 Park Avenue	50-1561
City: New York State: NY Zip: 10166	
9. Signature.	THIS SPACE
Dawn Harrington	August 21, 2003
Name of Person Signing Total number of pages including cove	gnature Date
Mail documents to be recorded with required cover sheet information to:	
B LMUELLER 00000250 501561 1266820 Commissioner of Patent & Tr Washington, 2 25.00 DA	

TRADEMARK
REEL: 002810 FRAME: 0430

Trademark Assignment

Health & Nutrition Systems International, Inc., a Florida corporation having a place of business at 3750 Investment Lane, Suite 5, West Palm Beach, Florida 33407 (the "Seller"), has used and is using the trademarks identified on Schedule A and is the owner of the trademark applications and registrations identified on Schedule A, including the goodwill of the business connected with the use of, and symbolized by, said marks.

For good and valuable consideration, the receipt of which is hereby acknowledged, the Seller hereby assigns to Amerifit, Inc., a Delaware corporation having a place of business at 166 Highland Park Drive, Bloomfield, Connecticut 06002 (the "Buyer"), the entire right, title and interest in, to and under the trademark registrations listed on Schedule A and the trademarks which are the subjects thereof, including the goodwill of the business connected with the use of, and symbolized by, said marks, and with all claims arising out of or relating to the use or ownership of said trademarks.

The Seller further agrees, for itself, its successors and assigns, to execute such further documents and to perform such further lawful acts as may reasonably be requested by the Buyer to effectuate this assignment.

[Remainder of page intentionally left blank]

TRADEMARK
REEL: 002810 FRAME: 0431

Witness my hand and seal this 15 day of August, 2003.

HEALTH & NUTRITION SYSTEMS

Name:

Title:

County of Palm Beach

Then personally appeared the above named Chus (is, of the Seller and acknowledged the foregoing act to be his free act and deed, before me, this ____ day of August, 2003.

Notary Public

My commission expires:

Mona Lalla Commission # DD098364 Expires March 7, 2006 Bonded Thru Atlantic Bonding Co., Inc.

[Signature Page to Trademark Assignment]

SCHEDULE A

Trademark Registrations in the United States of America

REGISTRATIONS

TRADEMARKAPPLICATION/REG. NO.REG. DATEACUTRIM12668202/14/84ACUTRIM LATE DAY142169712/23/86

- 3 -

RECORDED: 08/21/2003

TRADEMARK REEL: 002810 FRAME: 0433