Electronic Version v1.1 Stylesheet Version v1.1

SUBMISSION TYPE: **NEW ASSIGNMENT**

NATURE OF CONVEYANCE: Release of Security Interest

CONVEYING PARTY DATA

Name	Formerly	Execution Date	Entity Type
Phillips Publishing, Inc.		08/31/2004	CORPORATION: MARYLAND

RECEIVING PARTY DATA

Name:	Fleet National Bank
Street Address:	100 Federal Street
City:	Boston
State/Country:	MASSACHUSETTS
Postal Code:	02110
Entity Type:	A National Bank Association:

PROPERTY NUMBERS Total: 83

Property Type	Number	Word Mark
Registration Number:	2085633	HEALTH WISDOM FOR WOMEN
Registration Number:	2011168	HEARTSENSE
Registration Number:	1679079	HEALTH & HEALING
Registration Number:	2665185	THE LARK LETTER
Registration Number:	2408587	FEELING ALIVE
Registration Number:	2127412	HEALTH & HEALING
Registration Number:	1873837	ALTERNATIVES
Registration Number:	2776404	THE NATURAL BEDCOZY
Registration Number:	2866072	DAILY BALANCE JOINT ANSWER FOR WOMEN
Registration Number:	2858840	BP ESSENTIALS
Registration Number:	2860515	ONESOY
Registration Number:	2846130	PROBIOTIC ADVANTAGE
Registration Number:	2846122	VITAL BRAIN
Registration Number:	2832897	DAILY VITALITY
Registration Number:	2834841	ELDERBERRY ADVANTAGE
		TRADEMARK

TRADEMARK

Registration Number:	2815780	MEMORY DEFENSE
Registration Number:	2750895	NATURAL PAIN ADVANTAGE
Registration Number:	2760171	EFA ADVANTAGE
Registration Number:	2762536	SKIN ADVANTAGE
Registration Number:	2775612	DAILY BALANCE SOY ISOFLAVONES
Registration Number:	2775611	DAILY BALANCE L-CARNITINE
Registration Number:	2706895	DAILY BALANCE WEIGHT LOSS BOOSTER
Registration Number:	2709066	DAILY BALANCE MEAL REPLACEMENT SHAKE
Registration Number:	2731409	DAILY BALANCE COQ10
Registration Number:	2680246	GLUCOSE ESSENTIALS
Registration Number:	2674418	NEURO-VASCULAR SUPPORT
Registration Number:	2706372	DAILY BALANCE PMS
Registration Number:	2706371	DAILY BALANCE HOT FLASH
Registration Number:	2706370	DAILY BALANCE IRON
Registration Number:	2703912	DAILY BALANCE MENORRHAGIA
Registration Number:	2575637	ENERGY VITALIZER
Registration Number:	2451566	MOOD HEALTH
Registration Number:	2565886	CRANBERRY ESSENTIALS
Registration Number:	2513311	SEARCHING THE WORLD FOR BETTER HEALTH
Registration Number:	2476579	POTENCE
Registration Number:	2598508	VISION ADVANTAGE
Registration Number:	2589018	HERBAL SUPERFOOD BOOSTER
Registration Number:	2643391	ADVANCED ANTIOXIDANT SHIELD
Registration Number:	2456029	CHOLESTEROL SOLUTIONS
Registration Number:	2448246	FLORA SOLUTIONS
Registration Number:	2513109	JOINT SOLUTIONS
Registration Number:	2476286	ADVANCED BIOSOLUTIONS
Registration Number:	2643242	ANXIETY EASE
Registration Number:	2434014	JOINT & MUSCLE COMFORT
Registration Number:	2434013	IMMUNE BOOST
Registration Number:	2278025	MEMORY ESSENTIALS
Registration Number:	2353134	DOCTORS' PREFERRED
Registration Number:	2455733	HEART ADVANTAGE
Registration Number:	2585577	DAILY BALANCE
Registration Number:	2317016	MOUNTAIN HOME DAILY ADVANTAGE
μ	11	TRADEMARK

Registration Number:	2235281	HERBAL PAIN ESSENTIALS
Registration Number:	2239656	JOINT ESSENTIALS
Registration Number:	2222042	MOUNTAIN HOME NUTRITIONALS
Registration Number:	2391857	DOCTORS' PREFERRED
Registration Number:	2163547	EPA-GLA ESSENTIALS
Registration Number:	2101255	FORWARD PLUS DAILY REGIMEN
Registration Number:	1993549	
Registration Number:	1979761	ENERGY ESSENTIALS
Registration Number:	1979760	HEALTHY DIRECTIONS
Registration Number:	1976798	FORWARD
Registration Number:	2586786	MENOPAUSE MULTINUTRIENT
Registration Number:	2545397	PERIMENOPAUSE MULTINUTRIENT
Registration Number:	2684842	PERIMENOPAUSE NUTRITIONAL SYSTEM
Registration Number:	2664736	MENOPAUSE NUTRITIONAL SYSTEM
Serial Number:	78366037	DAILY BALANCE ESSENTIAL FATTY ACID COMPLEX
Serial Number:	78403231	DAILY BALANCE MEMORY ANSWER
Serial Number:	78406484	VITAL MOOD
Serial Number:	78406492	PREZYME DIGESTIVE COMPLEX
Serial Number:	78422446	ULTRAFLEX SOOTHING COMFORT
Serial Number:	78425607	DAILY BALANCE RADIANCE
Serial Number:	78324711	OSTEOBUILD ADVANTAGE
Serial Number:	78291166	ENZYPRO PEARLS
Serial Number:	78291174	DAILY BALANCE PAIN RELIEF CREAM
Serial Number:	75808185	DEFIENCE
Serial Number:	78241515	DAILY BALANCE VISION ANSWER
Serial Number:	78218620	PEARLBIOTICS
Serial Number:	76471121	NATURAL PAIN ESSENTIALS
Serial Number:	76471080	ADVANCED Q PLUS
Serial Number:	76471079	ADVANCED Q
Serial Number:	76344491	DAILY BALANCE BONE HEALTH
Serial Number:	76336046	Q10 ADVANTAGE
Serial Number:	78428771	PROSTATE SOLUTIONS
Serial Number:	76340140	PROSTATE ADVANTAGE

CORRESPONDENCE DATA

Fax Number: (301)230-2891

Correspondence will be sent via US Mail when the fax attempt is unsuccessful.

Phone: 301-230-5200

Email: kmeans@srgpe.com

Correspondent Name: Karl Means

Address Line 1: 11921 Rockville Pike, Third Floor Address Line 4: Rockville, MARYLAND 20852

ATTORNEY DOCKET NUMBER: 0620

062064.00420

NAME OF SUBMITTER:

Karl Means

Total Attachments: 15

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TRADEMARK

RELEASE AND REASSIGNMENT OF TRADEMARK

WHEREAS, Phillips Publishing, Inc., a Maryland corporation (the "Secured Party"), owns the registered trademark described in the attached Schedule A (the "Marks"), for which a recording is filed in the United States Patent and Trademark Office under the number set forth in the attached Schedule A; and

WHEREAS, pursuant to that certain Trademark Security Agreement dated as of August 30, 2000 (the "Agreement"), the Secured Party granted a security interest in the Marks to Fleet National Bank, as Agent (the "Agent") for a group of lenders, to secure performance by the Secured Party of its obligations to such lenders; and

WHEREAS, the Secured Party has paid and performed in full its obligations to such lenders and terminated all further obligations of such lenders to extend credit to the Secured Party and its affiliates;

NOW, THEREFORE, for good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, the Agent hereby terminates all of its right, title and interest in, to and under the Marks and reassigns and reconveys to the Secured Party the Marks and all the good will of the business symbolized by the Marks, together with the application, registration and recordings in the United States Patent and Trademark Office, and all reissues, extensions or renewals thereof, together with the right to sue and recover damages for future infringements thereof and to stand in the place of the Agent in all matters related thereto.

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The parties hereto have caused this Release and Reassignment of Trademark to be executed this 31st day of August, 2004.

FLEET NATIONAL BANK, as Agent

Vice President

STATE OF NEW YORK)
COUNTY OF GUEENS)

On August 31, , 2004, before me, the undersigned, a Notary Public in and for such State, personally appeared LAURA NEENAN, personally known to me or proved to me on the basis of satisfactory evidence to be the person who executed the within instrument as the Vice Vice of Fleet National Bank and acknowledged to me that such corporation executed the within instrument pursuant to its bylaws or a resolution of its Board of Directors.

WITNESS my hand and official seal.

[SEAL]

Notary Public SHIBLEY A. LOGAN
My Commission expires on Public State of New York

Lucified in Queens County
Coolies August 28, 20.

SCHEDULE A

The following marks stand in the name of Phillips International, Inc.

Mark	Page	Status
THE LARK LETTER	1	Pending Trademark Application
IPIQ	1	Pending Trademark Application
AVIATION	2	Pending Trademark Application
INVESTOR'S WORLD	2	Pending Trademark Application
MIN'S WHOS WHO IN MAGAZINE PUBLISHING	2	Pending Trademark Application
TELECOMTACTIS FOR CPE AND CONVERGENCE	2	Pending Trademark Application
DON FISHBACK'S STOCK MARKET INDEX MARKET ALERT	4	Pending Trademark Application
PPX	4	Pending Trademark Application
PRODUCING PROPERTY EXCHANGE	5	Pending Trademark Application
AVIATION 2000	5	Pending Trademark Application
PRODUCING PROPERTY ACQUISITION EXPO	5	Pending Trademark Application
FEELING ALIVE	6	Pending Trademark Application
E&PNET	6	Pending Trademark Application
ROVING EYEBALL	7	Pending Trademark Application
HART'S E&P	. 7	Pending Trademark Application
CT	8	Pending Trademark Application
HEALTH & HEALING	- 36	Registered (Acquired Distinctiveness)
ALTERNATIVES	62	Registered

The following marks stand in the name of Phillips Publishing, Inc.

Mark	Page	Status
THE LONG DISTANCE LETTER	117	Registered
VIEWTEXT	118	Registered
COMPETITION REPORT	119	Registered
AMERICAN SENTINEL	119	Registered
TELEPHONE WEEK	124	Registered (Supplemental)
REAL ESTATE INTELLIGENCE REPORT	126	Registered

The following marks stand in the name of Phillips Publishing International, Inc.

Mark	Page	Status
WIRELESS INSIDER	8	Pending Trademark Application
INTELLIGENCE REPORT	8	Pending Trademark Application
FORECASTS & STRATEGIES	8	Pending Trademark Application
PROFITABLE INVESTING	9	Pending Trademark Application
TECHNOLOGY INVESTING	10	Pending Trademark Application
THE RETIREMENT LETTER	10	Pending Trademark Application
TELECOMWEB DIRECT	11	Registered
PR & MARKETING	12	Pending Trademark Application
CABLE TODAY	12	Pending Trademark Application
TRAC READERSHIP SYSTEM	-12	Registered
COMMUNICATIONS TECHNOLOGY	13	Pending Trademark Application

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Mark	Page	Status
DTV BUSINESS	14	Registered (Supplemental)
TECHNOLOGY INVESTING	14	Pending Trademark Application
PLATINUM PR AWARDS	14	Registered
INVESTORONE	15	Pending Trademark Application
DVD REPORT	15	Registered (Supplemental)
LATIN AMERICAN SATELLITE ACCESS GUIDE	3 16	Registered (Supplemental)
SATELLITE	16	Pending Trademark Application
NORTH AMERICAN AIRPORT DIRECTORY	17	Registered (Supplemental)
ASIA PACIFIC SATELLITE ACCESS GUIDE	17	Registered (Acquired Distinctiveness)
AIRCRAFT VALUE NEWS	18	Registered (Acquired Distinctiveness)
HEALTHCARE AND PR MARKETING NEWS	18	Registered (Acquired Distinctiveness)
AIR CARGO REPORT	19	Registered (Supplemental)
SATELLITE TRANSPONDER GUIDE	20	Registered (Supplemental)
INTERNATIONAL CABLE	:20	Registered (Acquired Distinctiveness)
WIRELESS BUSINESS AND TECHNOLOGY	21	Pending Trademark Application
GPS DIRECTORY	21	Registered (Supplemental)
SPACE BUSINESS NEWS	22	Pending Trademark Application
WORLD AIRPORT WEEK	22	Registered (Acquired Distinctiveness)

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Mark	Page	Status
EC TODAY	23	Pending Trademark Application
SELLING TO KIDS	23	Registered (Supplemental)
GLOBAL POSITIONING & NAVIGATION NEWS	24	Registered (Acquired Distinctiveness)
PR NEWS MEDIA HOTSHEET	24	Registered (Acquired Distinctiveness- Partial)
MIN'S NEW MEDIA REPORT	25	Registered
RETAIL DELIVERY NEWS	26	Registered (Supplemental)
DEFENSE BUSINESS	27	Registered (Supplemental)
AVIATION TODAY	27	Registered
EFLASH	28	Pending Trademark Application
MY PI	28	Pending Trademark Application
DEFENSE DAILY NETWORK	28	Registered (Supplemental)
ISP BUSINESS NEWS	29	Registered (Supplemental)
ISIR	29	Registered
THE INTERNATIONAL SPACE INDUSTRY REPORT	30	Registered (Supplemental)
WIRELESS TODAY	31	Registered
BROADBAND TODAY	32	Pending Trademark Application
BROADBAND NETWORKING NEWS	36	Registered (Acquired Distinctiveness)
PHILLIPS INFOTECH	37	Registered
CTYNEWS	37	Registered (Supplemental)

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Mark	Page	Status
SATELLITE TODAY	32	Registered
INTERACTIVE PR & MARKETING NEWS	33	Registered (Supplemental)
WISDOM RECOMMENDED	33	Registered
FILM & VIDEO	34	Registered (Supplemental)
MANAGED NETWORK SERVICES NEWS	35 .	Registered (Supplemental)
ROTOR & WING	35	Registered
TELECOMWEB	39	Registered
GARZARELLI OUTLOOK	40	Registered
TELEPHONE INDUSTRY DIRECTORY	41	Registered (Acquired Distinctiveness)
HEALTH WISDOM FOR WOMEN	43	Registered
AVIATION MAINTENANCE	44.	Registered (Supplemental)
RETAIL DELIVERY SYSTEMS. NEWS	44	Registered (Supplemental)
ELECTRONIC COMMERCE NEWS	45	Registered (Supplemental)
SATELLITE INDUSTRY DIRECTORY	45	Registered (Supplemental)
WORLD SATELLITE ALMANAC	46	Registered
VOICE TECHNOLOGY AND SERVICE NEWS	46	Registered (Supplemental)

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Mark	Page	Status
WIRELESS INDUSTRY DIRECTORY	47	Registered (Supplemental)
REGIONAL AIRLINE DIRECTORY	47	Registered (Supplemental)
LOVE OF ANIMALS	49	Registered
NATURALLY WELL	49	Registered
SECURITY INDUSTRY BUYERS GUIDE	50	Registered (Acquired Distinctiveness)
CABLE INDUSTRY DIRECTORY	50	Registered (Supplemental)
EDI YELLOW PAGES	51	Registered (Acquired Distinctiveness)
WIRELESS BUSINESS & FINANCE	51	Registered (Supplemental)
CABLEFAX DAILY	52	Registered
INTERACTIVE DAILY	52	Registered
HEARTSENSE	5 3	Registered
PROFITABLE INVESTING	53	Registered (Acquired Distinctiveness)
SATELLITE ON CD	54	Registered
VIDEO TECHNOLOGY NEWS	56	Registered (Acquired Distinctiveness)
	57	Registered
· ·	58	Registered (Supplemental)
COMMUNICATIONS TODAY	58.	Registered
POS MONITOR	61	Registered (Acquired Distinctiveness)

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TRADEMARK REEL: 002929 FRAME: 0433 Ą

Page	Status
61	Registered (Acquired Distinctiveness)
62	Registered (Supplemental)
64	Registered (Supplemental)
67	Registered
67	Registered
69	Registered (Supplemental)
70	Registered
72	Registered
72	Registered (Supplemental)
73	Registered (Supplemental)
74	Registered
74	Registered (Supplemental)
83	Registered (Acquired Distinctiveness)
84	Registered (Acquired Distinctiveness)
85	Registered (Acquired Distinctiveness)
86	Registered (Supplemental)
86	Registered (Acquired Distinctiveness)
88	Registered (Supplemental)
	61 62 64 67 67 69 70 72 72 73 74 74 83 84 85 86

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Mark WELLNESS TODAY	Page 88	Status Registered
VIDEO MARKETING NEWS	90	Registered (Acquired Distinctiveness- Partial)
MIN MEDIA INDUSTRY NEWSLETTER	91	Registered (Acquired Distinctiveness)
WORLD AIRLINE NEWS	92	Registered (Supplemental)
HEALTH & HEALING	93	Registered (Supplemental)
COMMUTER REGIONAL AIRLINE NEWS	95	Registered (Acquired Distinctiveness)
VIA SATELLITE	96	Registered (Acquired Distinctiveness)
AIR SAFETY WEEK	97	Registered
AIRLINE FINANCIAL NEWS	97	Registered (Supplemental)
FIBER OPTICS NEWS	100	Registered (Acquired Distinctiveness)
PROFITABLE INVESTING	102	Registered (Supplemental)
MUTUAL FUND INVESTING	103	Registered (Acquired Distinctiveness)
ACTIONABLE INFORMATION FOR THE 90'S	103	Registered
MOBILE SATELLITE NEWS	104	Renewed (Supplemental)
ELECTRONIC MESSAGING NEWS	105	Registered (Supplemental)
INTELLIGENCE REPORT	106	Registered
ISDN NEWS	107	Registered (Supplemental)
FINANCIAL SERVICES REPORT	107	Registered (Supplemental)
THE RETIREMENT LETTER	128	Renewed (Acquired Distinctiveness)

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TRADEMARK
REEL: 002929 FRAME: 043

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The following marks stand in the name of Phillips Business Information, Inc.

Mark	Page	Status	
AVIONICS	108	Registered (Acquired Distinctiveness)	
MOBILE PHONE NEWS	109	Renewed (Acquired Distinctiveness)	
TELEPHONE INDUSTRY DIRECTORY AND			
SOURCEBOOK	110	Registered (Supplemental)	
HELICOPTER NEWS	111	Registered (Acquired Distinctiveness)	
THE FIBER OPTICS SOURCEBOOK	112	Registered (Supplemental)	
DEFENSE DAILY	112	Registered (Acquired Distinctiveness)	
TELEPHONE NEWS	113	Registered (Acquired Distinctiveness)	
PPI	114	Registered	
SATELLITE DIRECTORY	115	Registered (Supplemental)	
FIBER OPTICS DIGEST	115	Registered (Supplemental)	
POS MONITOR	116	Registered (Supplemental)	
STRATEGIC BANKING	117	Registered	
EFT REPORT	18	Registered	
CARDIAC ALERT	121	Registered	
CORPORATE EFT REPORT	122	Registered	
FORECASTS & STRATEGIES (AND DESIGN)	123	Registered	
TELEPHONE NEWS	124	Registered (Supplemental)	
TELEPHONE DIGEST	125	Registered (Supplemental)	
SATELLITE NEWS	126	Registered	

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Mark	Page	Status		
DATA CHANNELS	127	Registered		
GAS/LPG MARKETS	25	Registered (Supplemental)		
ENERGY MARKETS	31	Registered (Supplemental)		
OIL AND GAS FINANCE SOURCEBOOK	38	Registered (Acquired Distinctiveness)		
FUEL TECHNOLOGY AND MANAGEMENT	39	Registered (Supplemental)		
LAUNCHSPACE	41	Registered		
LAUNCHSPACE	42	Registered		
LAUNCHSPACE	42	Registered		
GAS SHOW	48	Registered (Supplemental)		
REFINING ECONOMICS REPORT	59	Registered (Supplemental)		
COMMUNICATIONS STANDARDS NEWS	59	Registered (Supplemental)		
21st CENTURY FUELS	60	Registered		
WHO'S WHO IN PIPELINING	68	Registered (Supplemental)		
PETRO SYSTEMS WORLD	69	Registered		
OIL AND GAS INVESTOR	75	Registered (Acquired Distinctiveness)		
PIPELINE DIGEST	76	Registered (Acquired Distinctiveness)		
HART PETROLEUM DIRECTORY GULF STATES EDITION	76	Registered		

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The following marks stand in the name of Phillips Business Information, Inc.

Mark	Page	Status
HART NORTHEAST		·
PETROLEUM DIRECTORY	78	Registered
HART ROCKY MOUNTAIN PETROLEUM DIRECTORY	79	Registered (Acquired Distinctiveness)
THE PIPELINE PERSONNEL DIRECTORY	81	Registered (Supplemental)
HART MIDCONTINENT PETROLEUM DIRECTORY	81	Registered (Supplemental)
LUBRICANTS WORLD	93	Registered
PETROLEUM ENGINEER INTERNATIONAL	82	Registered (Acquired Distinctiveness)
HPI (AND DESIGN)	89	Registered
THE PETROLEUM ENGINEER	129	Renewed (Acquired Distinctiveness)

The following marks stand in the name of Hart Publications, Inc.

Mark	Page	Status	
INTERNATIONAL FUEL QUALITY CENTER	. 3	Pending Trademark Application	
QUALITY CENTER	3	Pending Trademark Application	Œ

The following marks stand in the name of Montrose Publishing, Inc.

Mark	Page	Status
SECURITY TECHNOLOGY NEWS	72	Registered (Supplemental)
VIDEO MARKETING (AND DESIGN)	119	Registered ·

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Totals

Phillips International, Inc.	18
Phillips Publishing, Inc.	6
Phillips Publishing International, Inc.	164
Hart Publications, Inc.	1
Montrose Publishing, Inc.	2
Marks Owned by All Entities	191

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RECORDED: 09/03/2004

TRADEMARK
REEL: 002929 FRAME: 0439

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