3/19/04. 03-21-	2004
Form PTO-1594 (Rev. 10/02) OMB No. 0651-0027 (exp. 6/30/2005)	O.O. 1 derit and Trademark Office
Tab settings	<u> </u>
Name of conveying party(ies): Vermont Pure Holdings, Ltd.	Name and address of receiving party(ies) Name: MicroPack Corporation
Individual(s) General Partnership Limited Partnership	Internal Address: Street Address: 5 Commonwealth Road, Suite 3A
Corporation-State Other Delaware	City: Natick State: MA Zip: 01760 Individual(s) citizenship
Additional name(s) of conveying party(ies) attached? Yes No	Association General Partnership
3. Nature of conveyance: ✓ Assignment	Limited Partnership Corporation-State Delaware Other If assignee is not domiciled in the United States, a domestic representative designation is attached: Yes No (Designations must be a separate document from assignment)
4. Application number(s) or registration number(s): A. Trademark Application No.(s)	B. Trademark Registration No.(s) 2,011,808
5. Name and address of party to whom correspondence concerning document should be mailed:	6. Total number of applications and registrations involved:
Name: Christine M. Baker, Esq. Internal Address:	7. Total fee (37 CFR 3:41)\$40.00
Mintz Levin Cohn Ferris Glovsky & Popeo, PC	Enclosed Authorized to be charged to deposit account
Street Address: Chrysler Center 666 Third Avenue	8. Deposit account number:
City: New York State: NY Zip: 10017	THIS SPACE
9. Signature.	THIS SPACE

Christine M. Baker, Esq.

Name of Person Signing

Signature

Total number of pages including cover sheet, attachments, and document:

3/19/04

Mail documents to be recorded with required cover sheet information to:

Commissioner of Patent & Trademarks, Box Assignments

Washington, D.C. 20231

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TRADEMARK REEL: 002934 FRAME: 0490 215-665-2013

T-308 P.008/026 F-604

ASSIGNMENT OF TRADEMARK

This Assignment (the "Assignment") is made by and between Vermont Pure Holdings, Ltd., a Delaware corporation with offices formerly at 70 West Red Oak Lane, White Plains, New York 10604 and henceforth at 1050 Buckingham Street, Watertown, Connection 06795-1600 (the "Assignor") and MicroPack Corporation, a corporation organized under the laws of the State of Delaware with offices at 5 Commonwealth Road, Sulte 3A, Natiok, Massachusetts 01760 (the "Assignee").

WHEREAS, pursuant to the Purchase and Sale Agreement dated March 1, 2004 by and between the Assignor and the Assignee, effective as of March 1, 2004 the Assignor transferred to the Assignee the Assignor's rights in the trademark and U.S. Trademark Registration shown on Exhibit G attached hereto (hereinafter the "Mark"); and

WHEREAS, the parties wish to confirm such transfer for purposes of recording in the U.S. Patent and Trademark Office the transfer and Assigner's ownership of the Mark;

NOW, THEREFORE, for good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, the Assigner hereby and effective as of March 1, 2004 assigns, conveys and transfers to the Assignee, its successors and assigns all of its right, title, interest, ownership and subsidiary rights, if any, to the Mark, together with the goodwill of the business connected with the use of and symbolized by the Mark and the right to sue, counterclaim, and recover for past, present, and future infringement, misappropriation, or dilution of the rights assigned to the Assignee hereunder.

IN WITNESS WHEREOF, the Assignor, by its duly authorized officer, has executed this assignment, as an instrument under seal,

Vermont Pure Holdings, Ltd. (Assignor)

Name: Timothy G. Fallon
Title: Chief Executive Officer

SUBSCRIBED AND SWORN to before
me this _____ day of _____, 2004

Notary Public

My Commission Expires: ______

15/1191262

ASXOL

T-484 P.002/002 F-523

Mar-04-04 02:41pm From-

EXHIBIT G

Trademark	Serial Number	Filing Date	Registration Number	Country
HIDDEN SPRING (Stylized)	74/733087	1/22/95	2,011,808	United States

15/119126.2

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TRADEMARK REEL: 002934 FRAME: 0492