

TRADEMARK ASSIGNMENT

Electronic Version v1.1
 Stylesheet Version v1.1

SUBMISSION TYPE:	NEW ASSIGNMENT		
NATURE OF CONVEYANCE:	ASSIGNS THE ENTIRE INTEREST AND THE GOODWILL		
CONVEYING PARTY DATA			
Name	Formerly	Execution Date	Entity Type
Apres Health and Fitness, Inc.		12/02/2005	CORPORATION: DELAWARE
RECEIVING PARTY DATA			
Name:	Michael Lannon		
Street Address:	P.O. Box 2591		
City:	Orleans		
State/Country:	MASSACHUSETTS		
Postal Code:	02653		
Entity Type:	INDIVIDUAL: UNITED STATES		
PROPERTY NUMBERS Total: 4			
Property Type	Number	Word Mark	
Serial Number:	76606571	KOKO	
Serial Number:	76608942	SMARTRAINER	
Serial Number:	76608943	SMARTSTATION	
Serial Number:	76626498	QUICKTRAINER	
CORRESPONDENCE DATA			
Fax Number:	(617)507-6585		
	<i>Correspondence will be sent via US Mail when the fax attempt is unsuccessful.</i>		
Phone:	617-504-0436		
Email:	hs1@mindspring.com		
Correspondent Name:	Heidi A. Schiller, Esq.		
Address Line 1:	197 Elm Street		
Address Line 2:	Suite 1730		
Address Line 4:	Northampton, MASSACHUSETTS 01060		
ATTORNEY DOCKET NUMBER:	LANNON ASSIGNMENT		
NAME OF SUBMITTER:	Heidi A. Schiller		

OP \$115.00 76606571


Signature:	/Heidi A. Schiller/
Date:	03/18/2006
Total Attachments: 3 source=lannonassignment#page1.tif source=lannonassignment#page2.tif source=lannonassignment#page3.tif	

CONFIRMATORY ASSIGNMENT OF TRADEMARKS

For good and valuable consideration, the receipt and sufficiency of which are hereby mutually acknowledged, Après Health and Fitness, Inc. a Delaware corporation with a postal address of P.O. Box 2591, Orleans, MA 02653 (hereinafter "Assignor") confirms that on December 2, 2005, it sold, assigned, delivered and set over to Michael Lannon, a United States citizen with postal address of P.O. Box 2591, Orleans, MA 02653 (hereinafter "Assignee"), his heirs, successors, legal representatives and assigns, the entire right, title and interest of Assignor in and to the trademarks KOKO, SMARTRAINER, SMARTSTATION and QUICKTRAINER (collectively, the "Marks"), together with the business and the goodwill of the business in connection with which the aforesaid Marks are used, and all registrations and applications therefor (including but not limited to the applications therefor listed on Exhibit A) in the United States and all other countries, including any renewals and extensions of the registrations that are or may be secured under the laws of the United States and all other countries, now or hereafter in effect, for Assignee's own use and enjoyment, and for the use and enjoyment of Assignee's successors, assigns or other legal representatives, as fully and entirely as the same would have been held and enjoyed by the Assignor if this assignment and sale had not been made; together with all income, royalties or payments due or payable as of the effective date of this assignment or thereafter, including, without limitation, all claims for damages by reason of past, present or future infringement or other unauthorized use of the Marks with the right to sue for, and collect the same for Assignee's own use and enjoyment and for the use and enjoyment of its successors, assigns, or other legal representatives. Assignor requests the Commissioner of Patents and Trademarks to record Assignee as the assignee and owner thereof.

IN WITNESS WHEREOF, this confirmatory assignment of trademarks has been executed as an instrument under seal as of the date and year first above written and for good and valuable consideration the receipt and sufficiency of which are hereby acknowledged including the simultaneous license of the trademarks to the Corporation by the assignee pursuant to that certain license agreement dated December 2, 2005 and certain covenants including the amendment to the Corporation's certificate of incorporation dated December 2, 2005 as approved by the directors and stockholders of the corporation restricting assignee's use of the trademarks.

APRÈS HEALTH AND FITNESS, INC.

By: 

Title: President & CEO

Exhibit A
U.S. Trademark Applications

KOKO	Ser. No. 76/606571	Filed August 9, 2004
SMARTRAINER	Ser. No. 76/608942	Filed August 23, 2004
SMARTSTATION	Ser. No. 76/608943	Filed August 23, 2004
QUICKTRAINER	Ser. No. 76/626498	Filed December 29, 2004