

TRADEMARK ASSIGNMENT

Electronic Version v1.1
 Stylesheet Version v1.1

SUBMISSION TYPE:	NEW ASSIGNMENT		
NATURE OF CONVEYANCE:	Release of Security Interest		
CONVEYING PARTY DATA			
Name	Formerly	Execution Date	Entity Type
Wachovia Bank, NA		07/11/2006	National Banking Association:
RECEIVING PARTY DATA			
Name:	Vitamin Shoppe Industries Inc.		
Street Address:	2101 91st Street		
City:	North Bergen		
State/Country:	NEW JERSEY		
Postal Code:	07047		
Entity Type:	CORPORATION: NEW YORK		
PROPERTY NUMBERS Total: 1			
Property Type	Number	Word Mark	
Serial Number:	78709840	OPTI-GLO	
CORRESPONDENCE DATA			
Fax Number:	(212)446-4900		
	<i>Correspondence will be sent via US Mail when the fax attempt is unsuccessful.</i>		
Phone:	212-446-4800		
Email:	hsmith@kirkland.com		
Correspondent Name:	Hayley Smith, Kirkland & Ellis LLP		
Address Line 1:	153 East 53rd Street		
Address Line 4:	New York, NEW YORK 10022		
ATTORNEY DOCKET NUMBER:	VITAMIN SHOPPE RELEASE		
NAME OF SUBMITTER:	Hayley Smith, Sr. Legal Assistant		
Signature:	//Hayley Smith//		
Date:	07/17/2006		

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Total Attachments: 4

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RELEASE OF SECURITY INTEREST IN TRADEMARK APPLICATION

KNOW ALL MEN BY THESE PRESENTS, that WACHOVIA BANK, NATIONAL ASSOCIATION, a national banking association, in its capacity as agent ("Pledgee"), with an office at 1133 Avenue of the Americas, New York, New York 10036, DOES HEREBY CERTIFY that the security interest and lien it holds in the trademark application of VITAMIN SHOPPE INDUSTRIES INC., a New York corporation ("Pledgor"), with an office at 2101 91st Street, North Bergen, New Jersey 07047, identified on Exhibit A annexed hereto and made a part hereof, together with the goodwill of the business symbolized thereby (the "Specified Collateral"), which was granted to Pledgee pursuant to the Loan and Security Agreement, dated November 15, 2005, by and among Pledgor, certain of its affiliates, Pledgee and the parties thereto as lenders (as the same now exists and may hereafter be amended, modified, supplemented, extended, renewed, restated or replaced, the "Loan Agreement"), and the Trademark Security Agreement, dated November 15, 2005, by and between Pledgee and Pledgor, recorded in the United States Patent and Trademark Office on November 18, 2005 on Reel 003197, Frame 0089 (as the same now exists and may hereafter be amended, modified, supplemented, extended, renewed, restated or replaced, the "Trademark Security Agreement"), is hereby released and any and all other interests in the Specified Collateral previously assigned to Pledgee under the Loan Agreement and the Trademark Security Agreement are hereby reassigned to Pledgor, without recourse or representation or warranty, express or implied, of any kind.

Notwithstanding anything to the contrary contained herein, Pledgee does not release from its security interest and lien any Collateral other than the Specified Collateral, all of which shall continue in full force and effect. The release of Pledgee's security interest in and lien upon the Specified Collateral shall not be construed to evidence or reflect the payment or satisfaction of any of the indebtedness or other obligations of Pledgor or any of its affiliates to Pledgee and Lenders and is without prejudice to the rights of Pledgee and Lenders to collect any such indebtedness or other obligations from Pledgor and/or from any other persons or entities obligated thereon and/or from any and all other Collateral granted to or held by Pledgee, in each case pursuant to the Loan Agreement, the Trademark Security Agreement or any of the other Financing Agreements.

Capitalized terms used herein and not defined shall have the meanings assigned thereto in the Loan Agreement.

IN WITNESS WHEREOF, Pledgee has caused this Release of Security Interest in Trademark Application to be executed by its duly authorized officer as of the 11 day of July, 2006.

WACHOVIA BANK, NATIONAL ASSOCIATION,
as Agent

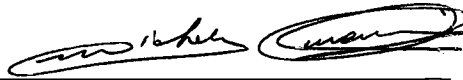
By:

Title:

James O'Connell
Vice President

STATE OF NEW YORK)
) ss.:
COUNTY OF NEW YORK)

On the 11th day of July, 2006 before me personally came JAMES O'CONNELL, to me known, who being by me duly sworn, did depose and say, that he/she is VICE PRESIDENT of WACHOVIA BANK, NATIONAL ASSOCIATION, in its capacity as Agent, and that the foregoing instrument was signed on its behalf by authority of its Board of Directors, and he/she acknowledged the execution of said instrument to be the free act and deed of said national banking association.



Notary Public

MICHELE LUCARELLI
NOTARY PUBLIC, State of New York
No. 01LU2417550
Qualified in Suffolk County
Commission Expires June 30, 2007

EXHIBIT A

Trademark Application

Mark	Status	Application No.	Application Date
OPTI-GLO	Pending	78/709,840	September 9, 2005