Form FTO-1594 (Rev. 01-0 OMB Collection 0651-002		U.S. DEPARTMENT OF ad States Patent and Tra	
	RECO		
		Man Black family and serial serial serial	
To the Director of the	U. S. Patent and Traden	3580972ents or the new address(es) below.
1. Name of conveyin	g party(ies):	2. Name and address of receiving party(ies) Additional names, addresses, or citizenship attached?	Yes
Wachovia Bank, Nation	al Association	Name: Vitamin Shoppe Industries Inc.	
		Internal	- "
Individual(s)	Association	Address:	<u></u>
General Partners	1 '	Street Address: 2101 91st Street	
+	e:	City: North Bergen	
Other national ban		State: New Jersey	
Citizenship (see guide	lines)	Country: USA Zip: 07047	
Additional names of conv	eying parties attached? Yes X No	Association Citizenship	
3. Nature of conveya	nce)/Execution Date(s) :	General Partnership Citizenship	
Execution Date(s) Se	1	Limited Partnership Citizenship	··· ·=· ·
<u> </u>		Corporation Citizenship New York	
Assignment	Merger	OtherCitizenship	
Security Agreem		If assignee is not domiciled in the United States, a do representative designation is attached: Yes	omestic
Other Release of Se	curity Interest FIVEN	(Designations must be a separate document from a	السييسا
4. Application numb A. Trademark Applica	tion No.(s)	I identification or description of the Tradema B. Trademark Registration No.(s) 3001345; 78507280; 78736871; 78723214; see attached	rk.
		Additional sheet(s) attached? X Ye	
		Date if Application or Registration Number is un	known):
	f party to whom correspondence nt should be mailed:	6. Total number of applications and registrations involved:	22
Internal Address: c/o y	inson & Elkins L.L.P.	7. Total fee (37 CFR 2.6(b)(6) & 3.41) \$_565	.00
Street Address: 2001	loss Avenue, Suite 3700	Authorized to be charged to deposit acc	count
City: Dallas		8. Payment Information:	
State: Texas	Zip:_ <u>75201</u>	11/17/2009 DBYRNE 00000021 300	1345
Phone Number: 214-2		51 EP 4FD4	46.60 OF
Fax Number: <u>214-999-</u>		Deposit Aft driftig mber	(525.88 OF
Email Address: jucoop	1	Authorized User Name	\sim /
9. Signature:	Queli V Cosse	1 1116109	
	Signature	Date	
	Julie H. Cooper	Total number of pages including cov	
	Name of Person Signing	Silegi, aliacimients, and cocumen	

Documents to be recorded (including cover sheet) should be faxed to (571) 273-0140, or mailed to:
Mail Stop Assignment Recordation Services, Director of the USPTO, P.O. Box 1450, Alexandria, VA 22313-1450

TRADEMARK REEL: 004098 FRAME: 0209

SCHEDULE A

LIST OF TRADEMARKS AND TRADEMARK APPLICATIONS

M	ark	Application/ Registration No.	Filing Date / Registration Date
Ultimate	Memoryaid	3001345	09/27/2005
America's He	alth Superstore	78507280	10/28/2004
Nita	ojack	78736871	10/20/2005
Air	boost	78723214	09/29/2005
Opt	i-Glo	78709840	09/09/2005
Island	Passion	78541651	01/04/2005
Health	Awards	78446059	07/06/2004
K	yla	78620257	04/29/2005
Carb	Circle	78426844	05/28/2004
Hydı	otherm	78587201	03/15/2005
Natura	l Avalon	78585155	03/11/2005
Wild	Harvest	78545353	01/11/2005
Campgr	ound Lake	78540976	01/03/2005
Вос	ytech	2872484	08/10/2004
Daily	VM Caps	1857466	10/11/1994
The Vita	nin Shoppe	2481640	08/28/2001
The Vita	nin Shoppe	2481906	08/28/2001
The Vita	min Shoppe	1506651	09/27/1988
The Vita	nin Shoppe	1510646	11/01/1988
The Vitamin S	noppe Since 1977	2737734	07/15/2003
The Vitamin S	noppe Since 1977	2737735	07/15/2003
We Take Vit	amins Seriously	2967041	07/12/2005

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TRADEMARK REEL: 004098 FRAME: 0210

RELEASE OF SECURITY INTEREST IN TRADEMARKS AND TRADEMARK APPLICATIONS

KNOW ALL MEN BY THESE PRESENTS, that Wachovia Bank, National Association, as agent for Lenders (in such capacity, "Agent") DOES HEREBY CERTIFY that the security interest it holds in the trademarks and trademark applications of Vitamin Shoppe Industries Inc. ("Debtor") pursuant to the Trademark Security Agreement, dated November 15, 2005, between Debtor and Agent which was recorded in the United States Patent and Trademark Office on November 18, 2005 at Reel 003197, Frame 0089 (as heretofore amended, modified or supplemented, the "Trademark Security Agreement"), which trademarks and trademark applications are more fully identified on Schedule A annexed hereto and made a part hereof, and any and all other Trademark Collateral (as such term is defined in the Trademark Security Agreement), together with the goodwill of the business symbolized thereby, is released, discharged and terminated and all interest in such property previously assigned to Agent under the Trademark Security Agreement is hereby reassigned to Debtor, without representation or warranty of any kind, nature or description.

IN WITNESS WHEREOF, Agent has caused this Release of Security Interest in Trademarks and Trademark Applications to be executed by its duly authorized corporate officer this 25day of September 2009.

WACHOVIA BANK, NATIONAL

ASSOCIATION, as Agent

TRADEMARK

REEL: 004098 FRAME: 0211

SCHEDULE A

LIST OF TRADEMARKS AND TRADEMARK APPLICATIONS

М	ark	Application/ Registration No.	Filing Date / Registration Date
Ultimate l	Летогуаіd	3001345	09/27/2005
America's He	alth Superstore	78507280	10/28/2004
Nitr	ojack	78736871	10/20/2005
Airl	oost	78723214	09/29/2005
Opt	-Glo	78709840	09/09/2005
	Passion	78541651	01/04/2005
Health	Awards	78446059	07/06/2004
K	yla	78620257	04/29/2005
Carb	Circle	78426844	05/28/2004
Hydro	therm	78587201	03/15/2005
Natural	Avalon	78585155	03/11/2005
Wild I	larvest	78545353	01/11/2005
Campgro	und Lake	78540976	01/03/2005
Bod	ytech	2872484	08/10/2004
Daily V	M Caps	1857466	10/11/1994
The Vitan	in Shoppe	2481640	08/28/2001
The Vitan	in Shoppe	2481906	08/28/2001
The Vitan	in Shoppe	1506651	09/27/1988
The Vitan	in Shoppe	1510646	11/01/1988
The Vitamin Sh	oppe Since 1977	2737734	07/15/2003
The Vitamin Sh	oppe Since 1977	2737735	07/15/2003
We Take Vita	mins Seriously	2967041	07/12/2005

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TRADEMARK

RECORDED: 11/16/2009 REEL: 004098 FRAME: 0212