

08/01/2011



Form PTO-1594 (Rev. 03-11)
OMB Collection 0651-0027 (exp. 03)

U.S. DEPARTMENT OF COMMERCE
United States Patent and Trademark Office

103629963

Document ID NO
103628203

TRADEMARKS ONLY

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To the Director of the U. S. Patent and Trademark Office, please record the attached documents or the new address(es) below.

1. Name of conveying party(ies):

MBC and Associates, Inc.

- Individual(s)
- General Partnership
- Corporation- State: Tennessee
- Other _____
- Association
- Limited Partnership

Citizenship (see guidelines) USA/Tennessee

Additional names of conveying parties attached? Yes No

3. Nature of conveyance /Execution Date(s) :

Execution Date(s) May 25, 2011

- Assignment
- Security Agreement
- Other Termination of Collateral Assignment + trade mark
- Merger
- Change of Name

2. Name and address of receiving party(ies)

Name: GreenBank

Internal

Address: _____

Street Address: 1915 Glen Echo Road

City: Nashville

State: Tennessee

Country: USA Zip: 37215

- Association Citizenship _____
- General Partnership Citizenship _____
- Limited Partnership Citizenship _____
- Corporation Citizenship USA/Tennessee
- Other _____ Citizenship _____

If assignee is not domiciled in the United States, a domestic representative designation is attached: Yes No
(Designations must be a separate document from assignment)

4. Application number(s) or registration number(s) and Identification or description of the Trademark.

A. Trademark Application No.(s)

B. Trademark Registration No.(s)

1844651

Additional sheet(s) attached? Yes No

C. Identification or Description of Trademark(s) (and Filing Date if Application or Registration Number is unknown):

Healthbreak

5. Name & address of party to whom correspondence concerning document should be mailed:

Name: Gail Johnson

Internal Address: 1230 Regions Center

Street Address: 315 Deaderick Street

City: Nashville

State: Tennessee Zip: 37238

Phone Number: 615-254-4444

Fax Number: 615-254-4445

Email Address: gjohnson@hixgray.com

6. Total number of applications and registrations involved:

7. Total fee (37 CFR 2.6(b)(6) & 3.41) \$40.00

- Authorized to be charged to deposit account
- Enclosed

8. Payment Information:

Deposit Account Number _____

Authorized User Name _____

9. Signature:

Gail Johnson
Signature

7-29-11

Date

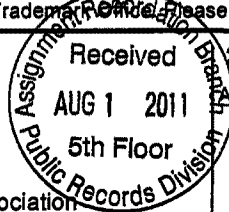
Gail Johnson
Name of Person Signing

Total number of pages including cover sheet, attachments, and document: 2

Documents to be recorded (including cover sheet) should be faxed to (571) 273-0140, or mailed to:
Mail Stop Assignment Recordation Services, Director of the USPTO, P.O. Box 1450, Alexandria, VA 22313-1450

TRADEMARK
REEL: 004597 FRAME: 0206

10/1/10



This Instrument Prepared By:

David B. Gray, Attorney at Law
Hix & Gray, PLC
315 Deaderick Street
Suite 1230
Nashville, Tennessee 37238

TERMINATION AND RELEASE

GreenBank, successor in interest to Middle Tennessee Bank & Trust, an Office of Greene County Bank, Greeneville, Tennessee is the lawful owner and holder of the indebtedness secured by that Collateral Assignment of Trademark from MBC and Associates, Inc. to Middle Tennessee Bank & Trust, an Office of Greene County Bank, Greeneville, Tennessee, and filed of record on April 4, 2005, in Reel 3142, Frame 0830 in the Assignment Division of the U. S. Patent and Trademark Office in Alexandria, Virginia. Said indebtedness has been paid in full, and Regions Bank hereby terminates and fully releases the said Collateral Assignment of Trademark.

DATED the 25th day of May, 2011.

GREENBANK

By: Alice A. Morton

Title: Bank Officer

STATE OF TENNESSEE

COUNTY OF DAVIDSON

Before me, a Notary Public of the State and County aforesaid, personally appeared Alice A. Morton, with whom I am personally acquainted (or proved to me on the basis of satisfactory evidence.) and who, upon oath, acknowledged herself to be a Bank Officer of GreenBank, the within named bargainer, and that she as such Bank Officer, executed the foregoing instrument for the purposes therein contained, by signing the name of the bank by Alice A. Morton as Bank Officer.

WITNESS my hand and seal, this 25 day of May, 2011.

Josephine N. Cavender
NOTARY PUBLIC

My Commission Expires: 11-7-12

