Electronic Version v1.1 Stylesheet Version v1.1

SUBMISSION TYPE: NEW ASSIGNMENT

NATURE OF CONVEYANCE: ASSIGNS THE ENTIRE INTEREST AND THE GOODWILL

CONVEYING PARTY DATA

Name	Formerly	Execution Date	Entity Type
i-Health, Inc.	FORMERLY AmeriFIT, Inc.	08/29/2011	CORPORATION: DELAWARE

RECEIVING PARTY DATA

Name:	Country Life, LLC		
Street Address:	180 Vanderbilt Motor Parkway		
City:	Hauppauge		
State/Country:	NEW YORK		
Postal Code:	11788		
Entity Type:	LIMITED LIABILITY COMPANY: NEW YORK		

PROPERTY NUMBERS Total: 1

Property Type	Number	Word Mark
Registration Number:	2625765	FLEX ABLE

CORRESPONDENCE DATA

Fax Number: (212)983-0772

Correspondence will be sent via US Mail when the fax attempt is unsuccessful.

Phone: 212-986-1200

Email: wcox@gordonherlands.com

Correspondent Name: William H. Cox

Address Line 1: 355 Lexington Avenue

Address Line 2: Gordon, Herlands, Randolph & Cox, 10th F

Address Line 4: New York, NEW YORK 10017

ATTORNEY DOCKET NUMBER:	4724.03
NAME OF SUBMITTER:	William H. Cox
Signature:	William H. Cox/
Date:	09/02/2011

Total Attachments: 1

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TRADEMARK REEL: 004617 FRAME: 0221

EXHIBIT A

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

ASSIGNMENT

ASSIGNMENT made as of August <u>37</u>, 2011 between i-Health, Inc. (formerly known as AmeriFIT, Inc.), a Delaware corporation with an address at 5 Sebethe Drive, Suite 102, Cromwell, Connecticut, 06416 ("Assignor") and COUNTRY LIFE, LLC, a New York limited liability company with an address at 180 Vanderbilt Motor Parkway, Hauppauge, New York 11788 ("Assignee").

Recital

WHEREAS, the Assignor has adopted and used in its business and is the present title owner of a trademark, "FLEX ABLE" (the "Trademark"), which is registered in the United States Patent and Trademark Office under No. 2,625,765 dated September 24, 2002;

WHEREAS, the Assignee is desirous of acquiring the right, title and interest in and to the Trademark "FLEX ABLE" and to registration No. 2,625,765.

NOW, THEREFORE, for valuable consideration, the receipt of which is hereby acknowledged, the Assignor hereby does sell, assign and transfer unto the Assignee, its successors and assigns all right, title and interest in and to the Trademark and in and to the registration thereof, No. 2,625,765, together with the goodwill of the business in connection with which the Trademark is used and any and all damages and profits and any other remedies for past infringement of the Trademark.

IN WITNESS WHEREOF the Assignor and Assignee have executed this instrument as of the date first set forth above.

i-Health, Inc., Assignor

Name: Vita H. Emerson

COUNTRY LIFE, LLC, Assignee

Brian Richmond

Executive Vice President