

TRADEMARK ASSIGNMENT

Electronic Version v1.1
Stylesheet Version v1.1

SUBMISSION TYPE:	NEW ASSIGNMENT		
NATURE OF CONVEYANCE:	ASSIGNS THE ENTIRE INTEREST AND THE GOODWILL		
CONVEYING PARTY DATA			
Name	Formerly	Execution Date	Entity Type
VITAMIN WORLD, INC.		11/04/2011	CORPORATION: DELAWARE
RECEIVING PARTY DATA			
Name:	AMERICAN HEALTH, INC.		
Street Address:	2100 SMITHTOWN AVE.		
Internal Address:	LEGAL DEPT.		
City:	RONKONKOMA		
State/Country:	NEW YORK		
Postal Code:	11779		
Entity Type:	CORPORATION: NEVADA		
PROPERTY NUMBERS Total: 1			
Property Type	Number	Word Mark	
Serial Number:	75869994	FEMGEST	
CORRESPONDENCE DATA			
Fax Number:	(631)218-7341		
Phone:	6312187335		
Email:	LHECHTEL@NBTY.COM		
<i>Correspondence will be sent to the e-mail address first; if that is unsuccessful, it will be sent via US Mail.</i>			
Correspondent Name:	LEE GROSSKREUZ HECHTEL		
Address Line 1:	2100 SMITHTOWN AVENUE		
Address Line 2:	LEGAL DEPT.		
Address Line 4:	RONKONKOMA, NEW YORK 11779		
ATTORNEY DOCKET NUMBER:	ASSIGNMENT - FEMGEST		
NAME OF SUBMITTER:	Lee Grosskreuz Hechtel		
Signature:	/LGH/		
Date:	11/04/2011		
Total Attachments: 1 source=US - FEMGEST - VW to AH#page1.tif			

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TRADEMARK
REEL: 004655 FRAME: 0097

TRADEMARK ASSIGNMENT

Whereas, effective as of October 26, 2011, Vitamin World, Inc. ("Assignor") a Delaware corporation, located at 2100 Smithtown Avenue, Ronkonkoma, New York 11779, USA, is the owner of the following trademark (the "Trademarks"):

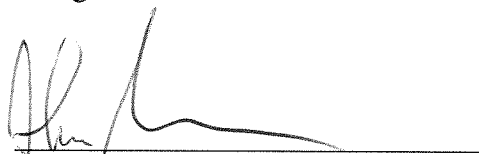
Trademark	Country	Serial No.
FEMGEST	USA	75869994

Whereas, the Assignor hereby assigns to American Health, Inc. ("Assignee"), an Nevada corporation having a principal place of business at 2100 Smithtown Ave. Ronkonkoma, New York 11779, any and all rights to the Trademarks, above, together with all goodwill associated with business in connection with which the Trademark are used.

Now, therefore, this instrument witnesses that for and in consideration of the sum of One Dollar (\$1.00) and other good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, the Assignor sells, assigns and transfers unto Assignee, its legal successors and representatives, and the Assignee accepts all of Assignor's entire right, title, and interest in and to the Trademarks and registrations, renewals, and extensions thereto, together with the goodwill of the business in connection with which the Trademarks are used and which are symbolized by the Trademarks, together with the right to sue for past infringement, to be held and enjoyed by the said Assignee, as fully as the same would have been enjoyed by Assignor, had this Assignment not been made.

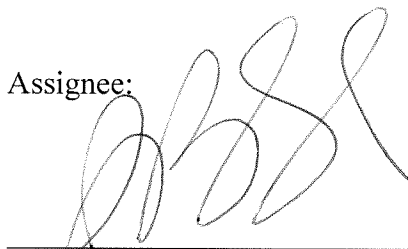
In testimony whereof, the said Assignor has hereunto set its hand this 4th day of November 2011.

Assignor:



Name: Hans Lindgren
Title: Vice President

Assignee:



Name: Irene Fisher
Title: Sr. Vice President & General Counsel