

TRADEMARK ASSIGNMENT COVER SHEET

Electronic Version v1.1
Stylesheet Version v1.2

ETAS ID: TM421917

SUBMISSION TYPE:	NEW ASSIGNMENT		
NATURE OF CONVEYANCE:	SECURITY INTEREST		
CONVEYING PARTY DATA			
Name	Formerly	Execution Date	Entity Type
AMERICAN SPECIALTY HEALTH INCORPORATED		08/06/2015	Corporation: DELAWARE
RECEIVING PARTY DATA			
Name:	BANK OF THE WEST		
Street Address:	4180 La Jolla Village Drive, Suite 405		
City:	La Jolla		
State/Country:	CALIFORNIA		
Postal Code:	92037		
Entity Type:	FDIC-insured U.S. Bank: UNITED STATES		
PROPERTY NUMBERS Total: 138			
Property Type	Number	Word Mark	
Registration Number:	2424248	AMERICAN SPECIALTY HEALTH	
Registration Number:	3370776	ACTIVE&FIT	
Registration Number:	3374389	ACTIVE&FIT	
Registration Number:	3348413	ASHLINK	
Registration Number:	3413277	EXTREMEFUN	
Registration Number:	3451271	EXTREMELIVING	
Registration Number:	3307060	EXTREMEQUIT	
Registration Number:	3517558	GET FIT. HAVE FUN. BE HEALTHY.	
Registration Number:	3599053	HEALTHY AGING IS HOT	
Registration Number:	3247074	HEALTHY CHOICES. RENEWED LIVES.	
Registration Number:	3352208	HEALTHYROADS	
Registration Number:	3559103	HEALTHYROADS COACH	
Registration Number:	3446901	HEALTHYROADS COACHING	
Registration Number:	3307058	HEALTHYROADS WEIGHT LOSS CHALLENGE	
Registration Number:	3535547	HEALTHYROADS WELLNESS	
Registration Number:	3473049	PRESS STOP.	
Registration Number:	3473048	PRESS GO.	
Registration Number:	3332685	QUIT&FIT	
Registration Number:	3487433	QUIT&FIT	
TRADEMARK			

CH \$3465.00 2424248

Property Type	Number	Word Mark
Registration Number:	3269939	SILVER&FIT
Registration Number:	3464406	SILVER&FIT
Registration Number:	3512448	THE SILVER SLATE
Registration Number:	3379735	THE SILVER SLATE
Registration Number:	3538911	THE SILVER SLATE
Registration Number:	4049504	AMERICA'S HEALTH IS OUR SPECIALTY
Registration Number:	3904593	BE FIT. GET EDUCATED. HAVE FUN.
Registration Number:	3890731	BETTER HEALTH IS JUST A CLICK, CALL, AND
Registration Number:	3890730	BETTER HEALTH IS JUST A HOP, SKIP, AND A
Registration Number:	3772149	CHOOSEHEALTHY
Registration Number:	3680628	CHOOSEHEALTHY
Registration Number:	3912898	EL BIENESTAR COMIENZA AQUÍ
Registration Number:	3636400	EVERYONE NEEDS A COACH
Registration Number:	3684116	EXERCISEREWARDS
Registration Number:	3680457	FIT FITNESS IS TIMELESS.
Registration Number:	3822233	FITCARD
Registration Number:	3670058	FITNESS IS TIMELESS.
Registration Number:	3877555	GIVE NEW MEANING TO: BENDING OVER BACKWA
Registration Number:	3877558	GIVE NEW MEANING TO: GRACE UNDER PRESSUR
Registration Number:	3877557	GIVE NEW MEANING TO: CLIMBING THE WALLS
Registration Number:	3877556	GIVE NEW MEANING TO: HAVING A BALL
Registration Number:	3877559	GIVE NEW MEANING TO: NERVES OF STEEL
Registration Number:	3877560	GIVE NEW MEANING TO: RAISING THE BAR
Registration Number:	3877561	GIVE NEW MEANING TO: STRETCHING YOUR LIM
Registration Number:	3877562	GIVE NEW MEANING TO: TAKING A LOAD OFF
Registration Number:	3877554	GIVE NEW MEANING TO: THE SAME OLD ROUTIN
Registration Number:	4002731	HEALTHYROADS CONNECTED!
Registration Number:	3749794	HEALTHYROADS FIT COMPANY AWARD
Registration Number:	3923623	HEALTHYROADS FUELED BY HEALTHY LIVING
Registration Number:	3890726	HEALTHYROADS IS CALLING YOU TO A HEALTHI
Registration Number:	4029265	HOLIDAY HOLDOUT
Registration Number:	3719744	HOW TO BUILD A FIT COMPANY
Registration Number:	3640194	I FEEL BOLD.
Registration Number:	3651657	I FEEL BOLD.
Registration Number:	3640195	I FEEL EMPOWERED.
Registration Number:	3651661	I FEEL EMPOWERED.
Registration Number:	3640192	I FEEL FIT.
Registration Number:	3651659	I FEEL FIT.

Property Type	Number	Word Mark
Registration Number:	3655185	I FEEL FREE.
Registration Number:	3661308	I FEEL FREE.
Registration Number:	3640193	I FEEL HAPPY.
Registration Number:	3651660	I FEEL HAPPY.
Registration Number:	3640191	I FEEL HEALTHY.
Registration Number:	3651658	I FEEL HEALTHY.
Registration Number:	3640198	I FEEL RELAXED.
Registration Number:	3640161	I FEEL RELAXED.
Registration Number:	3640196	I FEEL STRONG.
Registration Number:	3640159	I FEEL STRONG.
Registration Number:	3640160	I FEEL YOUNG.
Registration Number:	3640197	I FEEL YOUNG.
Registration Number:	3658533	IMAGINE: FIT
Registration Number:	3669779	IMAGINE: FIT
Registration Number:	3655183	IMAGINE: HEALTHY
Registration Number:	3667135	IMAGINE: HEALTHY
Registration Number:	3655181	IMAGINE: THIN
Registration Number:	3669778	IMAGINE: THIN
Registration Number:	3658534	IMAGINE: TOBACCO FREE
Registration Number:	3667134	IMAGINE: TOBACCO FREE
Registration Number:	3655182	IMAGINE: WALKING EVERY DAY
Registration Number:	3725946	IMAGINE: WALKING EVERY DAY
Registration Number:	3743465	INTEGRATIVECOACH
Registration Number:	3700474	INTEGRATIVE WHOLEHEALTH
Registration Number:	3800593	IS THIS YOUR IDEA OF BREAKFAST?
Registration Number:	3794466	IS YOUR FITNESS ROUTINE STUCK IN THE 80S
Registration Number:	3793792	IS YOUR WORKOUT STUCK IN THE 80'S?
Registration Number:	3613170	IT PAYS TO BE A FITNESSCOACH.
Registration Number:	3681011	JUST A HOP, SKIP, AND A CLICK AWAY
Registration Number:	3794465	LIVE WELL. LEARN HOW. CALL NOW.
Registration Number:	3768300	LIVE WELL. LEARN HOW. LOG ON.
Registration Number:	3800599	LIVE WELL. LEARN HOW. LOG ON. HEALTHYROA
Registration Number:	4029266	MAINTAIN WITHOUT GAIN
Registration Number:	3712447	MOVE YOURSELF.
Registration Number:	3718554	NO FEES · NO HURDLES · NO SWEAT
Registration Number:	3946049	POWERED BY HEALTHYROADS
Registration Number:	3683006	QUIT STALLING, START CALLING!
Registration Number:	3712448	REACH BEYOND.

Property Type	Number	Word Mark
Registration Number:	3934976	REAL MEN DANCE
Registration Number:	3934977	REAL MEN DO YOGA
Registration Number:	3934974	REAL MEN EAT SALAD
Registration Number:	3934975	REAL MEN JUMP ROPE
Registration Number:	3934978	REAL WOMEN ARE FIERCE
Registration Number:	3929165	REAL WOMEN MAKE A SPLASH
Registration Number:	3934979	REAL WOMEN PLAY FOOTBALL
Registration Number:	3606507	REDEFINE SENIOR MOMENT
Registration Number:	4029267	RELAXATION REMEDIES
Registration Number:	3935045	SILVER&FIT AFFINITY
Registration Number:	3935046	SILVER&FIT AFFINITY
Registration Number:	3770112	SILVER&FIT SIGNATURE SERIES CLASSES
Registration Number:	3655180	SILVER, FIT, AND FABULOUS
Registration Number:	4042542	STEP 'N GO
Registration Number:	3894552	SUPER SIZE YOUR KNOWLEDGE
Registration Number:	3746819	THIS YEAR I WILL DE-STRESS.
Registration Number:	3746820	THIS YEAR I WILL EAT BETTER.
Registration Number:	3650322	THIS YEAR I WILL EAT MORE FRUITS & VEGGI
Registration Number:	3763141	THIS YEAR I WILL LEARN SOMETHING NEW.
Registration Number:	3650323	THIS YEAR I WILL LOSE WEIGHT.
Registration Number:	3650324	THIS YEAR I WILL LOWER MY BLOOD PRESSURE
Registration Number:	3647084	THIS YEAR I WILL QUIT SMOKING.
Registration Number:	3647087	THIS YEAR I WILL RUN A 5K.
Registration Number:	3647089	THIS YEAR I WILL START EXERCISING.
Registration Number:	3763142	THIS YEAR I WILL STAY ACTIVE
Registration Number:	3763144	THIS YEAR I WILL STAY MOTIVATED.
Registration Number:	3766955	THIS YEAR I WILL STOP MAKING EXCUSES.
Registration Number:	3772427	UPGRADE YOUR WORKOUT
Registration Number:	3880661	USE IT AND LOSE IT
Registration Number:	3675589	WALK-THE-TALK CHALLENGE
Registration Number:	3956994	WATERIDGE HEALTH NETWORK
Registration Number:	3973027	WATERIDGE HEALTH NETWORK
Registration Number:	3887073	WELLNESS STARTS HERE
Registration Number:	3870775	YOUNG&FIT
Registration Number:	4721319	IT PAYS TO BE ACTIVE!
Registration Number:	4704988	BE GREAT
Registration Number:	4671795	A PRODUCT OF AMERICAN SPECIALTY HEALTH
Registration Number:	4693565	FITNESSCOACH

Property Type	Number	Word Mark
Registration Number:	4561297	FITNESSCOACH
Registration Number:	4469091	ASHLINK
Registration Number:	4460309	FITNESS ENGAGEMENT
Registration Number:	4468014	FITNESSENGAGEMENT.COM
Registration Number:	3222596	AMERICAN SPECIALTY HEALTH

CORRESPONDENCE DATA

Fax Number: 4152687522
Correspondence will be sent to the e-mail address first; if that is unsuccessful, it will be sent using a fax number, if provided; if that is unsuccessful, it will be sent via US Mail.
Phone: 415-268-6538
Email: sguerra@mofocom
Correspondent Name: Jennifer Lee Taylor
Address Line 1: 425 Market Street
Address Line 4: San Francisco, CALIFORNIA 94105

ATTORNEY DOCKET NUMBER:	007427-0000454
NAME OF SUBMITTER:	Jennifer Lee Taylor
SIGNATURE:	/Jennifer Lee Taylor/
DATE SIGNED:	03/31/2017

Total Attachments: 18

- source=BANK OF THE WEST Trademark Security Agreement#page1.tif
- source=BANK OF THE WEST Trademark Security Agreement#page2.tif
- source=BANK OF THE WEST Trademark Security Agreement#page3.tif
- source=BANK OF THE WEST Trademark Security Agreement#page4.tif
- source=BANK OF THE WEST Trademark Security Agreement#page5.tif
- source=BANK OF THE WEST Trademark Security Agreement#page6.tif
- source=BANK OF THE WEST Trademark Security Agreement#page7.tif
- source=BANK OF THE WEST Trademark Security Agreement#page8.tif
- source=BANK OF THE WEST Trademark Security Agreement#page9.tif
- source=BANK OF THE WEST Trademark Security Agreement#page10.tif
- source=BANK OF THE WEST Trademark Security Agreement#page11.tif
- source=BANK OF THE WEST Trademark Security Agreement#page12.tif
- source=BANK OF THE WEST Trademark Security Agreement#page13.tif
- source=BANK OF THE WEST Trademark Security Agreement#page14.tif
- source=BANK OF THE WEST Trademark Security Agreement#page15.tif
- source=BANK OF THE WEST Trademark Security Agreement#page16.tif
- source=BANK OF THE WEST Trademark Security Agreement#page17.tif
- source=BANK OF THE WEST Trademark Security Agreement#page18.tif

EXECUTION VERSION

SHORT-FORM TRADEMARK SECURITY AGREEMENT

WHEREAS, AMERICAN SPECIALTY HEALTH, INCORPORATED (the “Grantor”) has adopted, used, is using, or intends to use, and is the owner of the trademarks and trademark applications listed in the attached Schedule of Trademarks and Trademark Applications, and the registrations and applications associated therewith;

WHEREAS, the Grantor has contemporaneously with the execution of this Short-Form Trademark Security Agreement entered into the Company Security Agreement dated as of August 6, 2015 (as modified from time to time, the “Company Security Agreement”), in which the Grantor has granted certain interests in favor of BANK OF THE WEST for the ratable benefit of the lenders (together with their successors and assigns, the “Secured Parties”);

WHEREAS, pursuant to the Company Security Agreement, the Grantor has agreed with the Secured Parties to execute this Short-Form Trademark Security Agreement; and


NOW, THEREFORE, for good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, the Grantor hereby grants to the Secured Parties, to the extent provided in the Company Security Agreement (the terms and conditions of which are hereby incorporated herein), a security interest in all of its right, title and interest in, to and under all the trademarks, whether now owned or at any time hereafter acquired, of the Grantor that are registered with, or for which applications for registration have been filed with, the United States Patent and Trademark Office, including the trademarks listed on the attached Schedule of Registered Trademarks, and all registrations and pending applications associated therewith (excluding any application for registration of a trademark filed on an intent-to-use basis solely to the extent that the grant of a security interest in any such trademark application would materially adversely affect the validity or enforceability of the resulting trademark registration or result in cancellation of such trademark application), as collateral security for the prompt and complete payment and performance when due of all the Obligations (as defined in the Company Security Agreement). Notwithstanding the foregoing, in the event of any conflict between this Short-Form Trademark Security Agreement and the Company Security Agreement, the Company Security Agreement shall control.

This Short-Form Trademark Security Agreement shall be construed in accordance with and governed by the law of the State of New York, without regard to principles of conflicts of laws that would result in the application of the laws of any other jurisdiction; provide that Section 5-1401 of the New York General Obligations Law shall apply.


Date: August 6, 2015

IN WITNESS WHEREOF, the party hereto has caused this Short-Form Trademark Security Agreement to be duly executed and delivered as of the day and year first above written.

AMERICAN SPECIALTY HEALTH
INCORPORATED




By: 
Name: William M. Comer, Jr.,
Title: Chief Financial Officer

BANK OF THE WEST,
as Agent for the Secured Parties




By: 
Name: Jack Lenhof
Title: Director

SCHEDULE OF
TRADEMARKS AND TRADEMARK APPLICATIONS

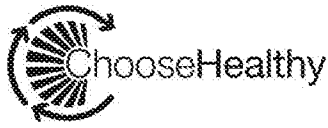



TRADEMARKS AND TRADEMARK APPLICATIONS

Mark	Form	Register	Reg. No	International Class	Expire Date
AMERICAN SPECIALTY HEALTH	Word	Principal	2,424,248	35, 36, 42	01/23/2011
AMERICAN SPECIALTY HEALTH	Word	Supplemental	2,424,248	35, 36, 42	01/23/2021
ACTIVE&FIT	Word	Principal	3,370,776	41, 44	01/15/2018
ACTIVE&FIT	Design	Principle	3,374,389	41, 44	01/22/2018
					
ASHLINK	Word	Principal	3,348,413	35, 36	12/04/2017
E XTREMEFUN	Word	Principal	3,413,277	44	04/15/2018
E XTREME LIVING	Word	Principal	3,451,271	44	06/17/2018
E XTREMEQUIT	Word	Principal	3,307,060	44	10/09/2017
FITNESSCOACH	Word	Supplemental	3,361,066	41	08/01/2014
FITNESSCOACH.COM	Design	Supplemental	3,522,922	41, 44	05/22/2015
					
FITNESSCOACHPRO	Word	Supplemental	3,478,364	41, 44	03/06/2015
FITNESSCOACHPRO.COM	Design	Supplemental	3,522,921	41, 44	05/22/2015
					
FITVILLE	Word	Principal	3,225,058	44	11/08/2013
GET FIT. HAVE FUN. BE HEALTHY.	Word	Principal	3,517,558	44	10/14/2018
HEALTHY AGING IS HOT	Word	Principal	3,599,053	44	03/31/2019
HEALTHY CHOICES. RENEWED LIVES.	Word	Principal	3,247,074	35, 44	05/29/2017
HEALTHYROADS	Word	Principal	3,352,208	9, 16, 35, 41, 44	12/11/2017
HEALTHYROADS COACH	Word	Principal	3,559,103	41	01/06/2019
HEALTHYROADS COACHING	Word	Principal	3,446,901	41	06/10/2018


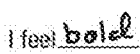
sf-3563256

Mark	Form	Register	Reg. No	International Class	Expire Date
HEALTHYROADS WEIGHT LOSS CHALLENGE	Word	Principal	3,307,058	41	10/09/2017
HEALTHYROADS WELLNESS	Word	Principal	3,535,547	35, 41, 44	11/18/2018
POWERED BY HEALTHYROADS 	Design	Supplemental	3,403,939	21	10/31/2014
PRESS STOP.	Word	Principal	3,473,049	44	07/22/2018
PRESS GO.	Word	Principal	3,473,048	44	07/22/2018
QUIT&FIT	Word	Principal	3,332,685	44	11/06/2017
QUIT&FIT 	Design	Principal	3,487,433	44	08/19/2018
SILVER&FIT	Word	Principal	3,269,939	41, 44	07/24/2017
SILVER&FIT 	Design	Principal	3,464,406	41, 44	07/08/2018
THE SILVER SLATE	Word	Principal	3,512,448	9	10/07/2018
THE SILVER SLATE	Word	Principal	3,379,735	16	02/05/2018
THE SILVER SLATE	Word	Principal	3,538,911	41	11/25/2018
ACTIVESTEPS	Word	Principal	N/A	41	01/10/2011
AMERICA'S HEALTH IS OUR SPECIALTY	Word	Principal	4,049,504	35, 36, 41, 44	11/1/2017
ASH + PLUS 	Design	Principal	N/A	35	N/A
BE FIT. GET EDUCATED. HAVE FUN.	Word	Principal	3,904,593	44	01/11/2017
BETTER HEALTH IS JUST A CLICK, CALL, AND A COACH AWAY	Word	Principal	3,890,731	41, 44	12/14/2016
BETTER HEALTH IS JUST A HOP, SKIP, AND A CLICK AWAY	Word	Principal	3,890,730	41, 44	12/14/2016

sf-3563256

Mark	Form	Register	Reg. No	International Class	Expire Date
CHOOSEHEALTHY	Word	Principal	3,772,149	35, 44	04/06/2020
CHOOSEHEALTHY 	Design	Principal	3,680,628	35	09/08/2019
EL BIENESTAR COMIENZA AQUÍ	Word	Principal	3,912,898	44	02/01/2017
EVERYONE NEEDS A COACH	Word	Principal	3,636,400	41	06/19/2019
EXERCISEREWARDS 	Design	Principal	3,684,116	41, 44	09/15/2019
FIT FITNESS IS TIMELESS 	Design	Principal	3,680,457	25	09/08/2019
FIT NEVER LOOKED THIS GOOD.	Word	Principal	N/A	44	01/03/2011
FITCARD	Word	Principal	3822233	16	07/20/2020
FITNESS IS TIMELESS.	Word	Principal	3,670,058	44	08/18/2019
FITNESSCOACH CONNECTED!	Word	Principal	N/A	9	N/A
5 A DAY, THE HEALTHY WAY	Word	Principal	N/A	41, 44	N/A
4 WAYS TO DRINK MORE WATER AT WORK	Word	Principal	N/A	41, 44	N/A
FUEL UP ON HEALTHY FOOD 	Design	Principal	N/A	41, 44	12/15/2010
GIMME FIVE	Word	Principal	N/A	41, 44	11/04/2011
GIVE NEW MEANING TO: BENDING OVER BACKWARDS	Word	Principal	3,877,555	41, 44	11/16/2016

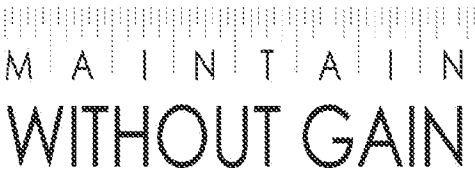

sf-3563256

Mark	Form	Register	Reg. No	International Class	Expire Date
GIVE NEW MEANING TO: CLIMBING THE WALLS	Word	Principal	N/A	41, 44	N/A
GIVE NEW MEANING TO: GRACE UNDER PRESSURE	Word	Principal	3,877,558	41, 44	11/16/2016
GIVE NEW MEANING TO: CLIMBING THE WALLS	Word	Principal	3,877,557	41, 44	11/16/2016
GIVE NEW MEANING TO: HAVING A BALL	Word	Principal	3,877,556	41, 44	11/16/2016
GIVE NEW MEANING TO: NERVES OF STEEL	Word	Principal	3,877,559	41, 44	11/16/2016
GIVE NEW MEANING TO: RAISING THE BAR	Word	Principal	3,877,560	41, 44	11/16/2016
GIVE NEW MEANING TO: STRETCHING YOUR LIMITS	Word	Principal	3,877,561	41, 44	11/16/2016
GIVE NEW MEANING TO: TAKING A LOAD OFF	Word	Principal	3,877,562	41, 44	11/16/2016
GIVE NEW MEANING TO: THE SAME OLD ROUTINE	Word	Principal	3,877,554	41, 44	11/16/2016
HEALTHYROADS CONNECTED!	Word	Principal	4,002,731	9, 35, 42, 44	07/26/2017
HEALTHYROADS FIT COMPANY AWARD	Word	Principal	3,749,794	41	02/16/2020
HEALTHYROADS FUELED BY HEALTHY LIVING 	Design	Principal	3,923,623	21, 25, 44	2/22/2017
HEALTHYROADS IS CALLING YOU TO A HEALTHIER LIFE	Word	Principal	3,890,726	41, 44	12/14/2016
HOLIDAY HOLDOUT	Word	Principal	4,029,265	41, 44	09/20/2017
HOT TIPS FOR COLD WALKS	Word	Principal	3,804,251	41, 44	06/15/2016
HOW TO BUILD A FIT COMPANY	Word	Principal	3,719,744	35, 41, 44	12/02/2019
HOW TO BUILD A FIT YOU	Word	Principal	N/A	41, 44	07/16/2012
HOW TO CHAMPION A FIT COMPANY	Word	Principal	N/A	35, 41, 44	07/16/2012
HOW TO LEAD A FIT COMPANY	Word	Principal	N/A	35, 41, 44	07/16/2012
I FEEL BOLD. 	Design	Principal	3,640,194 & 3,651,657	44	06/16/2019 & 07/07/2019




sf-3563256

Mark	Form	Register	Reg. No	International Class	Expire Date
I FEEL EMPOWERED. <i>I feel empowered</i>	Design	Principal	3,640,195 & 3,651,661	44	06/16/2019 & 07/07/2019
I FEEL FIT. <i>I feel fit</i>	Design	Principal	3,640,192 & 3,651,659	44	06/16/2019 & 07/07/2019
I FEEL FREE. <i>I feel free</i>	Design	Principal	3,655,185 & 3,661,308	44	07/14/2019 & 07/28/2019
I FEEL HAPPY. <i>I feel happy</i>	Design	Principal	3,640,193 & 3,651,660	44	06/16/2019 & 07/07/2019
I FEEL HEALTHY. <i>I feel healthy</i>	Design	Principal	3,640,191 & 3,651,658	44	06/16/2019 & 07/07/2019
I FEEL RELAXED. <i>I feel relaxed</i>	Design	Principal	3,640,198 & 3,640,161	44	06/16/2019
I FEEL STRONG. <i>I feel strong</i>	Design	Principal	3,640,196 & 3,640,159	44	06/16/2019
I FEEL YOUNG. <i>I feel young</i>	Design	Principal	3,640,160 & 3,640,197	44	06/16/2019
IMAGINE: FIT	Word	Principal	3,658,533 & 3,669,779	44	07/21/2019 & 08/18/2019
IMAGINE: HEALTHY	Word	Principal	3,655,183 & 3,667,135	44	07/14/2019 & 08/11/2019
IMAGINE: REACHING YOUR GOALS	Word	Principal	N/A	44	10/05/2011

sf-3563256

Mark	Form	Register	Reg. No	International Class	Expire Date
IMAGINE: THIN	Word	Principal	3,655,181 & 3,669,778	44	07/14/2019 & 08/11/2019
IMAGINE: TOBACCO FREE	Word	Principal	3,658,534 & 3,667,134	44	07/21/2019 & 08/11/2019
IMAGINE: WALKING EVERY DAY	Word	Principal	3,655,182 & 3,725,946	44	07/14/2019 & 12/11/2019
INTEGRATED CHOICES	Word	Principal	N/A	41, 44	12/13/2010
INTEGRATED EVIDENCE GUIDE	Word	Principal	N/A	45	N/A
INTEGRATIVECOACH	Word	Supplemental	3,743,465	41, 44	01/26/2020
INTEGRATIVEWHOLEHEALTH	Word	Supplemental	3,700,474	35, 41, 44	10/20/2019
IS THIS YOUR IDEA OF BREAKFAST?	Word	Principal	3,800,593	41, 44	06/08/2020
IS YOUR FITNESS ROUTINE STUCK IN THE 80S?	Word	Principal	3,794,466	41, 44	05/25/2020
IS YOUR WORKOUT STUCK IN THE 80S?	Word	Principal	3,793,792	41, 44	05/25/2020
IT PAYS TO BE A FITNESSCOACH.	Word	Principal	3,613,170	41, 44	04/28/2019
JUST A HOP, SLIP, AND A CLICK AWAY	Word	Principal	3,681,011	41, 44	09/08/2019
LIVE WELL. LEARN HOW. CALL NOW.	Word	Principal	3,794,465	41, 44	05/25/2020
LIVE WELL. LEARN HOW. LOG ON.	Word	Principal	3,768,300	41, 44	03/30/2020
LIVE WELL. LEARN HOW. LOG ON. HEALTHYROADS.COM	Word	Principal	3,800,599	41, 44	06/08/2016
MAINTAIN WITHOUT GAIN	Word	Principal	4,029,266	41, 44	09/20/2017
MAINTAIN WITHOUT GAIN 	Design	Principal	N/A	41, 44	N/A
MOVE YOURSELF.	Word	Principal	3,712,447	44	11/17/2019
NO FEES • NO HURDLES • NO SWEAT 	Design	Principal	3,718,554	35	12/01/2019


sf-3563256

Mark	Form	Register	Reg. No	International Class	Expire Date
POWERED BY HEALTHYROADS 	Design	Principal	3,946,049	41	04/21/2017
QUIT STALLING, START CALLING! 	Design	Principal	3,683,006	41, 44	09/15/2019
REACH BEYOND.	Word	Principal	3,712,448	44	11/17/2019
REAL MEN DANCE.	Word	Principal	3,934,976	41, 44	03/22/2017
REAL MEN DO YOGA.	Word	Principal	3,934,977	41, 44	03/22/2017
REAL MEN EAT SALAD.	Word	Principal	3,934,974	41, 44	03/22/2017
REAL MEN JUMP ROPE.	Word	Principal	3,934,975	41, 44	03/22/2017
REAL WOMEN ARE FIERCE.	Word	Principal	3,934,978	41, 44	03/22/2017
REAL WOMEN MAKE A SPLASH.	Word	Principal	3,929,165	41, 44	03/08/2017
REAL WOMEN PLAY FOOTBALL.	Word	Principal	3,934,979	41, 44	03/22/2017
REDEFINE SENIOR MOMENT	Word	Principal	3,606,507	44	04/14/2019
RELAXATION REMEDIES	Word	Principal	4,029,267	41, 44	09/20/2017
SILVER&FIT AFFINITY	Word	Principal	3,935,045	41, 44	03/22/2017
SILVER&FIT AFFINITY 	Design	Principal	3,935,046	41, 44	03/22/2017
SILVER&FIT SIGNATURE SERIES CLASSES	Word	Principal	3,770,112	41	04/16/2016
SILVER, FIT, AND FABULOUS	Word	Principal	3,655,180	44	07/14/2019
STEP 'N GO	Word	Principal	4,042,542	41, 44	10/18/2017
SUPERSIZE YOUR KNOWLEDGE	Word	Principal	3,894,552	41	12/21/2016


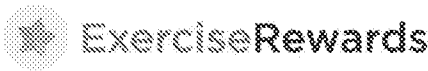


sf-3563256

Mark	Form	Register	Reg. No	International Class	Expire Date
THIS YEAR I WILL DE-STRESS This year I will <u>de-stress.</u>	Design	Principal	3,746,819	41, 44	02/09/2020
THIS YEAR I WILL EAT BETTER. This year I will <u>eat better.</u>	Design	Principal	3,746,820	41, 44	02/09/2020
THIS YEAR I WILL EAT MORE FRUITS & VEGGIES. This year I will <u>eat more fruit & veggies.</u>	Design	Principal	3,650,322	41, 44	07/07/2019
THIS YEAR I WILL LEARN SOMETHING NEW. This year I will <u>learn something new.</u>	Design	Principal	3,763,141	41, 44	03/23/2016
THIS YEAR I WILL LOSE WEIGHT. This year I will <u>lose weight.</u>	Design	Principal	3,650,323	41, 44	07/07/2019
THIS YEAR I WILL LOWER MY BLOOD PRESSURE. This year I will <u>lower my blood pressure.</u>	Design	Principal	3,650,324	41, 44	07/07/2019
THIS YEAR I WILL QUIT SMOKING. This year I will <u>quit smoking.</u>	Design	Principal	3,647,084	41, 44	06/30/2019


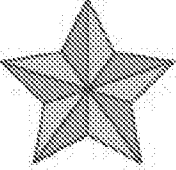

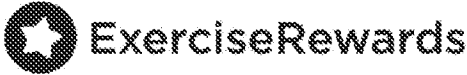
sf-3563256

Mark	Form	Register	Reg. No	International Class	Expire Date
THIS YEAR I WILL RUN A 5K. This year I will run a 5k.	Design	Principal	3,647,087	41, 44	06/30/2019
THIS YEAR I WILL START EXERCISING. This year I will start exercising.	Design	Principal	3,647,089	41, 44	06/30/2019
THIS YEAR I WILL STAY ACTIVE. This year I will stay active.	Design	Principal	3,763,142	41, 44	03/23/2020
THIS YEAR I WILL STAY MOTIVATED. This year I will stay motivated.	Design	Principal	3,763,144	41, 44	03/23/2020
THIS YEAR I WILL STOP MAKING EXCUSES. This year I will stop making excuses.	Design	Principal	3,766,955	41, 44	03/30/2020
UPGRADE YOUR WORKOUT	Word	Principal	3,772,427	41, 44	04/06/2020
USE IT AND LOSE IT	Word	Principal	3,880,661	41, 44	11/23/2017
WALK-THE-TALK CHALLENGE	Word	Principal	3,675,589	9, 41	09/01/2019
WATERIDGE HEALTH NETWORK	Word	Principal	N/A	35, 44	11/21/2011
WATERIDGE HEALTH NETWORK 	Design	Principal	3,956,994	35, 44, 45	05/10/2017

sf-3563256

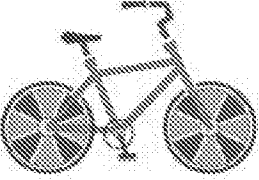
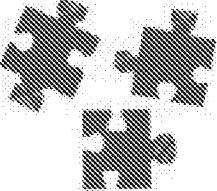
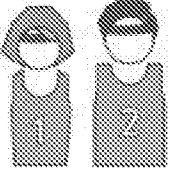
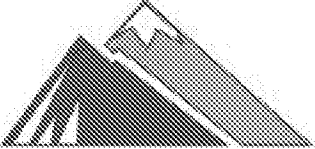
Mark	Form	Register	Reg. No	International Class	Expire Date
WATERIDGE HEALTH NETWORK 	Design	Principal	3,973,027	35, 44, 45	06/07/2017
WELLNESS STARTS HERE	Word	Principal	3,887,073	44	12/07/2016
YOUNG&FIT	Word	Principal	3,870,775	41, 44	11/02/2016
BE ACCOUNTABLE	Word	Principal	N/A	44	N/A
EXERCISEREWARDS 	Design	Principal	N/A	9, 41, 44	N/A
SILVEROPTIONS	Word	Principal	N/A	41, 44	N/A
ACTIVEOPTIONS	Word	Principal	N/A	41, 44	N/A
BE COMPETITIVE	Word	Principal	N/A	44	N/A
GETTING ACTIVE JUST GOT EASIER	Word	Principal	N/A	41, 44	N/A
BE SUPPORTED	Word	Principal	N/A	44	N/A
BE EQUIPPED	Word	Principal	N/A	44	N/A
BE ENGAGED	Word	Principal	N/A	44	N/A
BE GREAT. 	Design	Principal	N/A	44	N/A
BE INFORMED 	Design	Principal	N/A	44	N/A
SOMETHING FOR EVERYONE	Word	Principal	N/A	41, 44	N/A
BE EMPOWERED	Word	Principal	N/A	44	N/A
BE SOCIAL	Word	Principal	N/A	44	N/A


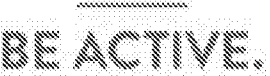
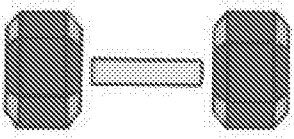
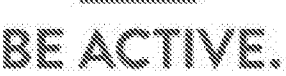



sf-3563256

Mark	Form	Register	Reg. No	International Class	Expire Date
BE REWARDED.  BE REWARDED.	Design	Principal	N/A	44	3/12/2015
BE REWARDED.  BE REWARDED.	Design	Principal	N/A	44	3/12/2015
BE REWARDED.  BE REWARDED.	Design	Principal	N/A	44	03/12/2015
IT PAYS TO BE ACTIVE!	Word	Principal	4,721,319	41, 44	4/14/2021
SILVER&FIT CONNECTED!	Word	Principal	N/A	9	N/A
EXERCISEREWARDS 	Design	Principal	N/A	9, 38, 41, 42, 44, 45	N/A
EXERCISEREWARDS CHECKIN!	Word	Principal	N/A	9	N/A
BE CHALLENGED	Word	Principal	N/A	44	N/A
BE SYNCED	Word	Principal	N/A	44	N/A
BE LINKED	Word	Principal	N/A	44	N/A
BE GREAT	Word	Principal	4,704,988	44	3/17/2021
HEALTHYROADS CONNECTED!	Word	Principal	N/A	9	N/A



sf-3563256

Mark	Form	Register	Reg. No	International Class	Expire Date
ACTIVE&FIT CONNECTED!	Word	Principal	N/A	9	N/A
HEALTHROADS CHECKIN!	Word	Principal	N/A	9	N/A
ACTIVEOPTIONS	Word	Principal	N/A	41, 44	2/9/2015
A PRODUCT OF AMERICAN SPECIALTY HEALTH A PRODUCT OF 	Design	Principal	4,671,795	44	01/13/2021
BE SOCIAL.  BE SOCIAL.	Design	Principal	N/A	44	N/A
BE ENGAGED.  BE ENGAGED.	Design	Principal	N/A	44	N/A
BE ENGAGED.  BE ENGAGED.	Design	Principal	N/A	44	N/A

Mark	Form	Register	Reg. No	International Class	Expire Date
<p>BE ACTIVE.</p>  <p>BE ACTIVE.</p>	Design	Principal	N/A	44	N/A
<p>BE CHALLENGED.</p>  <p>BE CHALLENGED.</p>	Design	Principal	N/A	44	N/A
<p>BE CHALLENGED.</p>  <p>BE CHALLENGED.</p>	Design	Principal	N/A	44	N/A
<p>BE CHALLENGED.</p>  <p>BE CHALLENGED.</p>	Design	Principal	N/A	44	N/A

Mark	Form	Register	Reg. No	International Class	Expire Date
BE ACTIVE.  	Design	Principal	N/A	44	N/A
BE ACTIVE.  	Design	Principal	N/A	44	N/A
MY FITNESS EXPERIENCE	Word	Principal	N/A	41, 44	08/12/2014
FITNESSCOACH	Word	Supplemental	4,693,565	35	02/24/2021
INTELLISCREEN	Word	Principal	N/A	35, 41, 44	02/09/2015
EXERCISEREWARDS POWERED BY SILVER&FIT 	Design	Principal	N/A	41, 44	12/15/2014
PREMIER PURSUITS	Word	Principal	N/A	16, 35, 41, 44	07/21/2014
FITNESSCOACH 	Design	Principal	4,561,297	35, 41, 44	07/01/2020
ASHLINK 	Design	Principal	4,469,091	35, 36	01/21/2020

sf-3563256

Mark	Form	Register	Reg. No	International Class	Expire Date
FITNESS ENGAGEMENT 	Design	Principal	4,460,309	35	12/31/2019
FITNESSENGAGEMENT.COM	Words	Principal	4468014	35	01/14/2020
ENGAGE! CREATIVE GROUP 	Design	Principal	N/A	35	03/19/2014
ENGAGE! CREATIVE GROUP	Words	Principal	N/A	35	03/19/2014
SPECIALTY PHYSICAL HEALTH	Words	Principal	N/A	35, 36, 41 & 44	08/23/2012
5 WAYS TO CARE	Words	Principal	N/A	16	08/23/2012
TOTAL HEALTH COACHING	Words	Principal	N/A	41, 44	01/31/2012
TOTAL HEALTH STARTS HERE	Words	Principal	N/A	41, 44	01/31/2012
AMERICAN SPECIALTY HEALTH	Words	Principal	3,222,596	35, 36, 44	03/27/2017
HEALTHY EATING IS FUN	Words	Principal	N/A	41, 44	11/04/2011
MYFITNESSCOACH	Words	Principal	N/A	44	3/31/2011
EMPOWERED DECISIONS!	Words	Principal	N/A	16, 35, 41 & 44	N/A

sf-3563256