

## TRADEMARK ASSIGNMENT COVER SHEET

Electronic Version v1.1  
Stylesheet Version v1.2

ETAS ID: TM642308

<b>SUBMISSION TYPE:</b>	NEW ASSIGNMENT		
<b>NATURE OF CONVEYANCE:</b>	RELEASE OF SECURITY INTEREST		
<b>CONVEYING PARTY DATA</b>			
<b>Name</b>	<b>Formerly</b>	<b>Execution Date</b>	<b>Entity Type</b>
Truist Bank (successor-in-interest to SunTrust Bank)		04/21/2021	Banking Corporation: NORTH CAROLINA
<b>RECEIVING PARTY DATA</b>			
<b>Name:</b>	Healthy Directions, LLC		
<b>Street Address:</b>	6710 Rockledge Drive		
<b>Internal Address:</b>	Suite 500-A		
<b>City:</b>	Bethesda		
<b>State/Country:</b>	MARYLAND		
<b>Postal Code:</b>	20817		
<b>Entity Type:</b>	Limited Liability Company: DELAWARE		
<b>PROPERTY NUMBERS Total: 3</b>			
<b>Property Type</b>	<b>Number</b>	<b>Word Mark</b>	
<b>Registration Number:</b>	2127412	HEALTH & HEALING	
<b>Registration Number:</b>	2085633	HEALTH WISDOM FOR WOMEN	
<b>Registration Number:</b>	1873837	ALTERNATIVES	
<b>CORRESPONDENCE DATA</b>			
<b>Fax Number:</b>			
<i>Correspondence will be sent to the e-mail address first; if that is unsuccessful, it will be sent using a fax number, if provided; if that is unsuccessful, it will be sent via US Mail.</i>			
<b>Phone:</b>	4155911000		
<b>Email:</b>	TrademarksCH@winston.com		
<b>Correspondent Name:</b>	Becky L. Troutman, Winston & Strawn LLP		
<b>Address Line 1:</b>	101 California Street		
<b>Address Line 4:</b>	San Francisco, CALIFORNIA 94111-5840		
<b>NAME OF SUBMITTER:</b>	Becky L. Troutman		
<b>SIGNATURE:</b>	/Becky L. Troutman/		
<b>DATE SIGNED:</b>	04/26/2021		
<b>Total Attachments: 3</b>			
source=Trademark security interest release from Truist Bank to Healthy Directions, LLC - D#page1.tif			

CH \$90.00 2127412

source=Trademark security interest release from Truist Bank to Healthy Directions, LLC - D#page2.tif  
source=Trademark security interest release from Truist Bank to Healthy Directions, LLC - D#page3.tif

**TERMINATION AND RELEASE OF SECURITY INTEREST  
IN TRADEMARKS**

This **TERMINATION AND RELEASE OF SECURITY INTEREST IN TRADEMARKS**, dated as of April 21, 2021 (“Release”), is made by Truist Bank, as successor-by-merger to SunTrust Bank (“Administrative Agent”) in favor of Healthy Directions Publishing, LLC, a Delaware limited liability company (“Obligor”).

**WHEREAS**, pursuant to that certain Amended and Restated Security and Pledge Agreement dated as of May 18, 2020 (as amended, modified, extended or restated from time to time, the “Security Agreement”) by and among the Obligor, Administrative Agent, and others party thereto, Obligor granted to the Administrative Agent, for the benefit of the holders of the Secured Obligations (“Secured Parties”), a continuing security interest in, and a right to set off against, any and all right, title and interest of Obligor in and to all Trademarks, including the trademark registrations and trademark applications listed on Schedule A attached hereto (collectively, “Trademark Collateral”); and

**WHEREAS**, pursuant to the Security Agreement, Obligor executed and delivered to Administrative Agent, for the benefit of the Secured Parties, the Notice of Grant of Security Interest in Trademarks recorded at the United States Patent and Trademark Office (“USPTO”) on December 20, 2017 at Reel 6233 Frame 0621 (“Notice”).

**NOW THEREFORE**, for good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, Administrative Agent, on behalf of the Secured Parties, and Obligor agree as follows:

**SECTION 1. Defined Terms.** All capitalized terms used herein but not otherwise defined herein have the meanings given to them in the Security Agreement or Notice.

**SECTION 2. Termination and Release.** Administrative Agent, on behalf of the Secured Parties, without representation, warranty, or recourse, hereby:

(a) terminates, cancels, discharges, and releases the continuing security interest in, and the right to set off against, any and all right, title and interest of Obligor in and to the Trademark Collateral, including, but not limited to, the foregoing listed on Schedule A attached hereto, granted pursuant to the Security Agreement or Notice; and

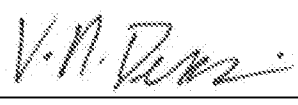
(b) authorizes the recordation of this Release with the USPTO at Obligor’s expense.

**SECTION 3. Choice of Law.** This Release shall be governed by and construed in accordance with the laws of the State of New York.

**IN WITNESS WHEREOF**, the Administrative Agent, on behalf of the Secured Parties, has caused this Termination and Release of Security Interest in Trademarks to be duly executed as of the date first set forth above.

Administrative Agent:

Truist Bank, as successor-by-merger to SunTrust Bank

By: 

Name: Vinay Desai

Title: Managing Director

Schedule A

U.S. Trademarks Subject to Security Interest  
Granted by Healthy Directions Publishing, LLC  
In Favor of SunTrust Bank, as Administrative Agent  
Recorded December 20, 2017 at Reel 6233 Frame 0621

**Trademark Registrations**

Mark	Reg. No.	Reg. Date
HEALTH & HEALING	2127412	01/06/98
HEALTH WISDOM FOR WOMEN	2085633	08/05/97
ALTERNATIVES	1873837	01/17/95