FORM PTO-1618A	U.S. Department of Commerce				
	01-04-2002 Patent and Trademerk Office TRADEMARK				
12/31/01 RECOL	1.01.934592 sheet				
TRADEMARKS ONLY					
TO: The Commissioner of Patents and Trademarks: Please record the attached original document(s) or copy(ies).					
Submission Type X New	Conveyance Type X Assignment License				
Resubmission (Non-Recordation) Document ID #	Security Agreement Nunc Pro Tunc Assignment Effective Date Month Day Year				
Correction of PTO Error Reel # Frame #	merger .				
Corrective Document	Change of Name				
Conveying Party	Other				
	Mark if additional names of conveying parties attached Execution Date Month Day Year				
Name HELP UR SELF, INC.	[11/04/199]				
Formerly					
Individual General Partnership	Limited Partnership X Corporation Association				
Other					
X Citizenship/State of Incorporation/Organiza	ation PENNSYLVANIA				
Receiving Party	Mark if additional names of receiving parties attached				
Name SWEETS FROM HEAVEN U.	.S.A., L.P.				
DBA/AKA/TA					
Composed of					
Address (line 1) 1830 FORBES AVENUE					
Address (line 2)					
Address (line 1) PITTSBURGH	PENNSYLVANIA 15219				
Individual General Partnership X	State/Country Zip Code				
Corporation Association	not domiciled in the United States, an appointment of a domestic				
Other	representative should be attached. (Designation must be a separate				
Citizenship/State of Incorporation/Organiza	ation NEVADA				
	R OFFICE USE ONLY				
4B1 40.00 OP/					
482 25.00 07					

Public burden reporting for this collection of information is estimated to everage approximately 30 minutes per Cover Sheet to be recorded, including time for reviewing the document and gethering the data needed to complete the Cover Sheet. Send comments regarding this burden estimate to the U.S. Petent and Tredement Office, Chief Information Office, Westhington, D.C. 20231 and to the Office of Information and Regulatory Affairs, Office of Management and Budget, Paperwork Reduction Project (0651-0027), Westhington, D.C. 20603. See OMB Information Collection Budget Package 0651-0027, Petent and Tradement Assignment Practice. DO NOT SEND REQUESTS TO RECORD ASSIGNMENT DOCUMENTS TO THIS ADDRESS.

Mail documents to be recorded with required Cover Checket.

Mail documents to be recorded with required cover sheet(s) information to: Commissioner of Patents and Trademarks, Box Assignments , Washington, D.C. 20231

FORM PTO- Expires 06/30/99 OMB 0651-0027	-1618B Page 2	U.S. Department of Commerce Patent and Trademark Office TRADEMARK			
Domestic Representative Name and Address Enter for the first Receiving Party only.					
Name					
Address (line 1)					
Address (line 2)					
Address (line 3)					
Address (line 4)					
Correspond	dent Name and Address Area Code and Telephone Number $412-765-$	1580			
Name	CLIFFORD A. POFF				
Address (line 1)	SUITE 2230 KOPPERS BUILDING				
Address (line 2)	436 SEVENTH AVENUE				
Address (line 3)	PITTSBURGH, PENNSYLVANIA 15219				
Address (line 4)					
Pages	Enter the total number of pages of the attached conveyance document including any attachments.	# 3			
Trademark A		ditional numbers attached			
	e Trademark Application Number <u>or t</u> he Registration Number (DO NOT ENTER BOTH numbers fo				
Trac	demark Application Number(s) Registration Num 1.447.952 1,919.02				
Number of I	Properties Enter the total number of properties involved. #	2			
Fee Amoun	t Fee Amount for Properties Listed (37 CFR 3.41):	65.00			
Method o Deposit A	of Payment: Enclosed X Deposit Account				
	ayment by deposit account or if additional fees can be charged to the account.) Deposit Account Number: #				
	Authorization to charge additional fees: Yes	No			
Statement a	and Signature				
To the best of my knowledge and belief, the foregoing information is true and correct and any attached copy is a true copy of the original document. Charges to deposit account are authorized, as indicated herein.					
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	RD A. POFF of Person Signing Signature	VEMBER 12, 2001 Date Signed			

TRADEMARK REEL: 2416 FRAME: 0980

ASSIGNMENT OF TRADEMARKS

This Assignment is made as of November 4, 1997 between Help Ur Self, Inc., a Pennsylvania corporation ("Assignor"), and Sweets From Heaven U.S.A., L.P., a Nevada limited partnership having its principal business address at 1830 Forbes Avenue, Pittsburgh, Pennsylvania 15219 ("Assignee").

Assignor has adopted and is using in its business the following trademarks (the "Trademarks") for which registration has been granted by the United States Patent and Trademark Office:

<u>Trademark</u>	Registration No.	Registration Date
HELP-UR-SELF	1,447,952	July 14, 1987
ICKY, STICKY & GOO	1,919,027	September 12, 1995

Assignee wishes to acquire the Trademarks and their registrations. Therefore, for the sum of One Dollar and other valuable consideration, the receipt and sufficiency of which is hereby acknowledged, and intending to be legally bound hereby, Assignor hereby assigns to Assignee its entire right, title and interest in and to the Trademarks and the registrations thereof, together with the goodwill of the business appurtenant to and symbolized by the Trademarks and their registrations.

HELP UR SELF, INC.

Name: Stephen M. Silverman

Title: President

TRADEMARK REEL: 2416 FRAME: 0981

COMMONWEALTH OF PENNSYLVANIA)	
)	SS:
COUNTY OF ALLEGHENY)	

Before me, a Notary Public in and for said County and State, personally appeared Stephen M. Silverman, President of Help Ur Self, Inc., known to be or satisfactorily proven to be the person and officer whose name was subscribed to the within Assignment of Trademarks, and acknowledged that he executed the same on behalf of Help Ur Self, Inc. as his voluntary act and deed for the purposes and consideration therein expressed and in the capacity therein given.

Therefore, I have set my hand and affixed my official seal on Nov. 4

NOTARY PUBLIC

(SEAL)

Notarial Seal Ann Michele Beardsley, Notary Public Pittsburgh, Allegheny County My Commission Expires July 3, 1999

Member, Pennsylvania Association of Notaries

RECORDED: 12/31/2001